

**'Changing Scotland's Relationship with  
Alcohol: Sharing the lessons of  
Alcohol Brief Intervention (ABI)  
implementation in Scotland'**

**National Policy and Progress Update  
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**Sarah Currie  
Alcohol Brief Interventions (ABI) Manager  
Scottish Government**

# **Alcohol brief interventions**

- **National Context**
- **Effective strategies to ensure the embedding of ABIs**
- **Progress to date**

# Impact of Alcohol Misuse on Scotland

## Healthier

- Hospital discharges quadrupled since 1982
- Alcohol related deaths doubled since early 1990's

## Wealthier & Fairer

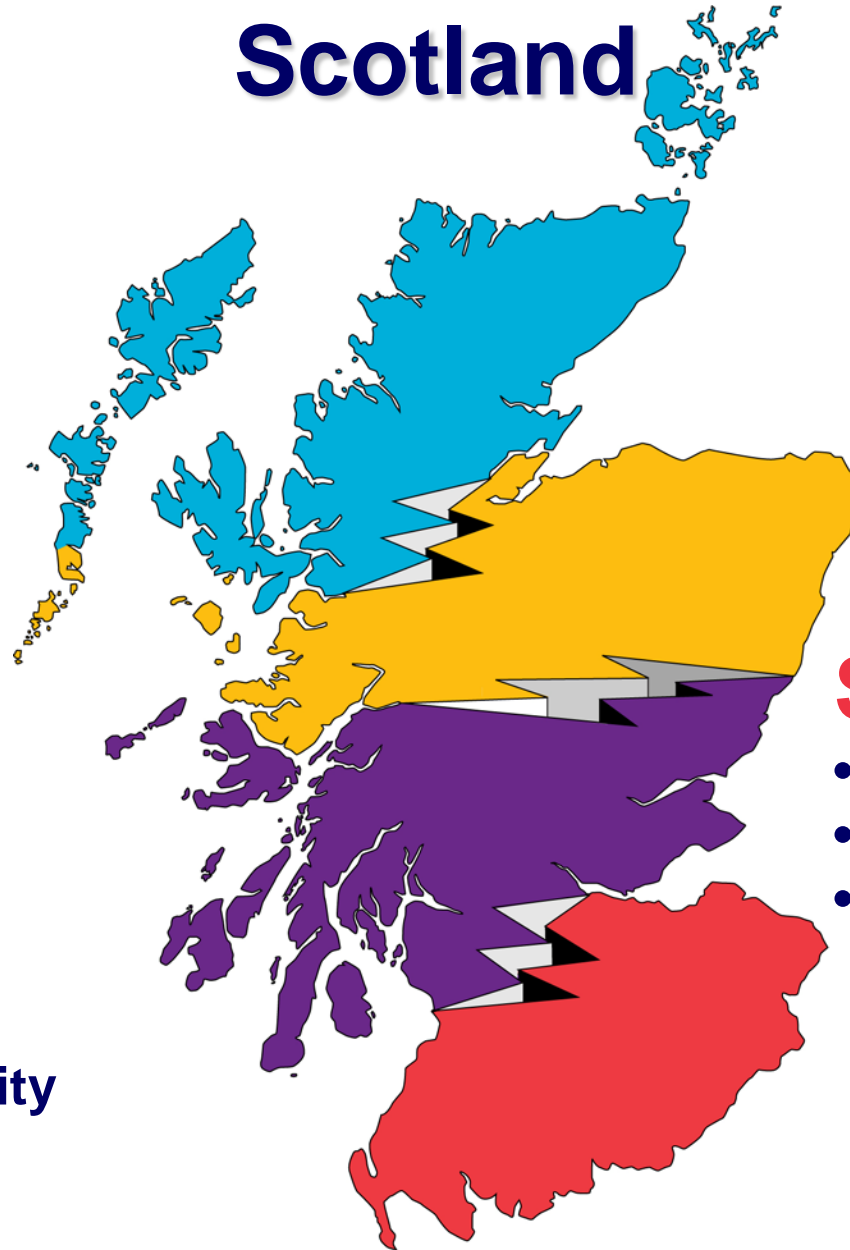
- £3.56bn cost
- £820m productivity loss

## Safer & Stronger

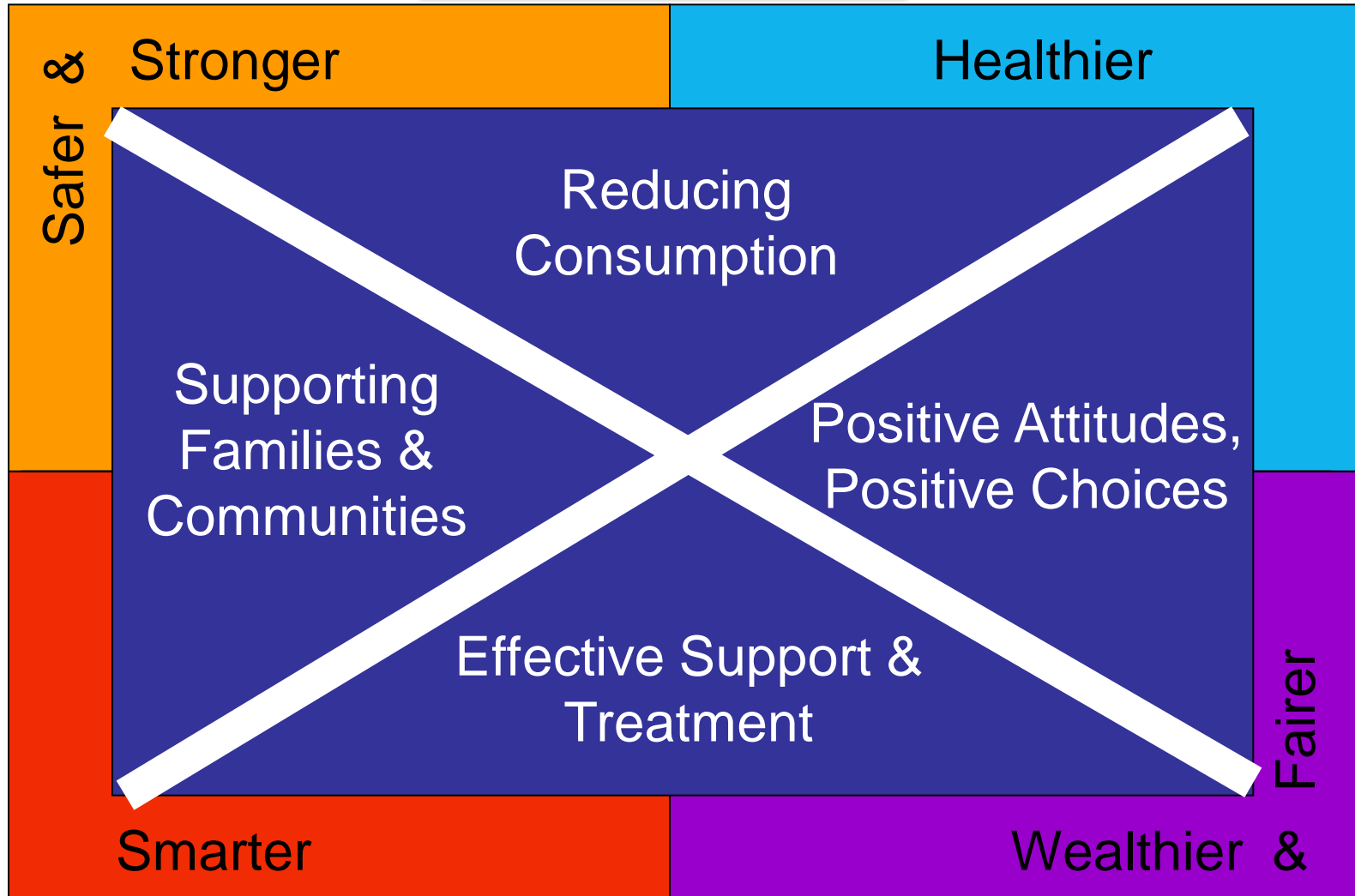
- 50% of prisoners drunk at time of offence

## Smarter

- >65,000 children
- 1 in 3 divorces
- 75% of 15yr olds & >50% of 13yr olds drunk at least once



# Changing Scotland's Relationship with Alcohol



# Definition of an ABI...

***“A short, evidence-based, structured conversation about alcohol consumption with a patient/client that seeks in a non-confrontational way to motivate and support the individual to think about and/or plan a change in their drinking behaviour in order to reduce their consumption and/or their risk of harm.”***

# **National health improvement** **HEAT target (2008-2011)**

***To deliver ABIs nationally in line  
with SIGN74 Guideline***

**2008-2011: Target: 149,449 ABIs**

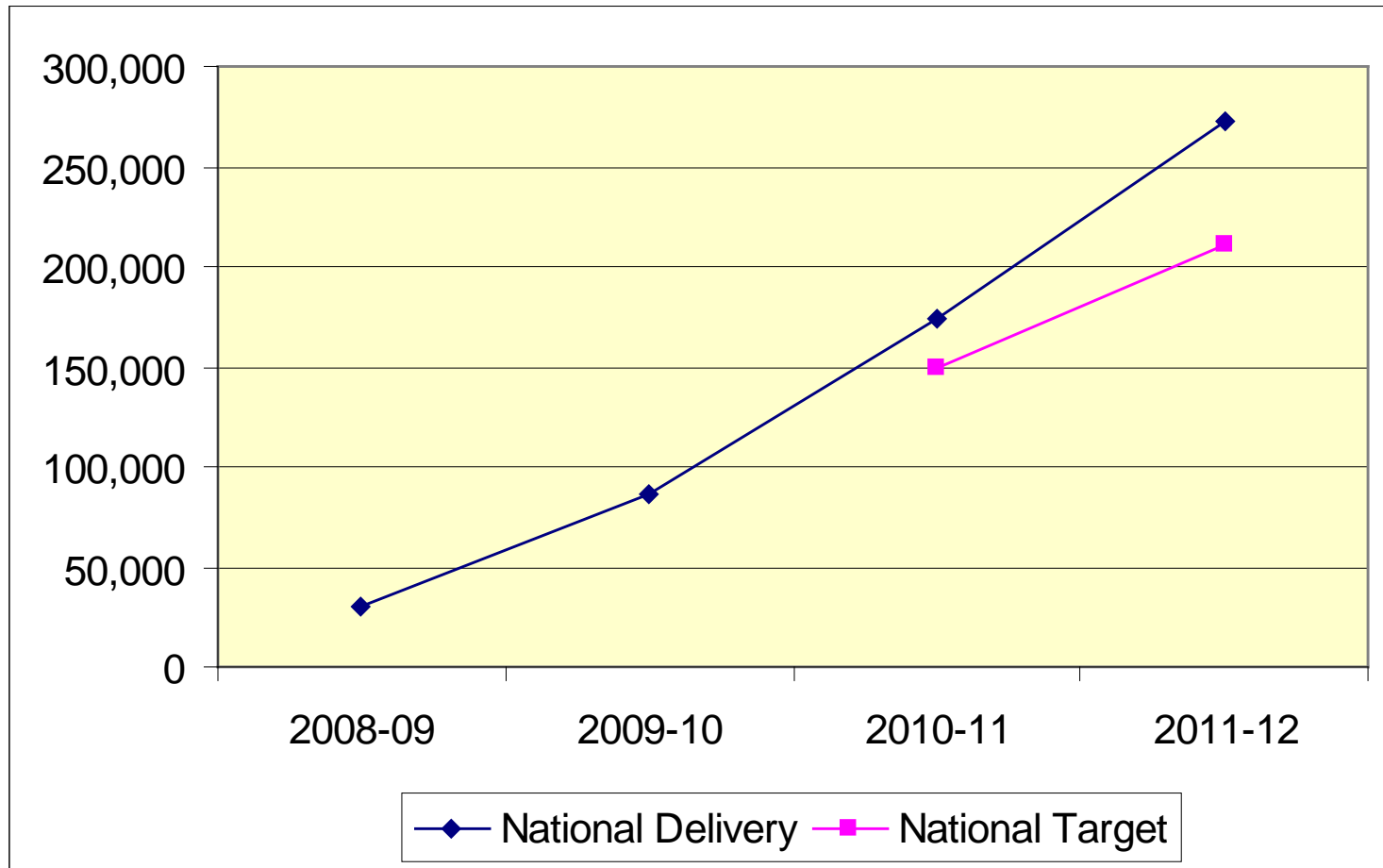
**2011-12: Extension Target: 61,081 ABIs**

**Long term approach : Embed ABIs into  
routine practice, NOT an 'add on' to role**

# Health Improvement target priority settings...

- Primary Care
- A&E
- Antenatal

# HEAT Target Delivery : 2008-2012





# Embedding ABI delivery

- Learning from national ABI evaluation
- Local practice – Health Boards and Alcohol & Drug Partnerships (ADPs)
- *Quality Alcohol Treatment & Support* (QATS) Report

# **ABI HEAT standard 2012-13**

***“NHS Boards and their Alcohol and Drug Partnership (ADP) partners will sustain and embed alcohol brief interventions (ABI) in the three priority settings (primary care, A&E, antenatal), in accordance with the SIGN74 Guideline. In addition, they will continue to develop delivery of alcohol brief interventions in wider settings.”***

# ABI HEAT standard 2012-13

- **Priority settings** - at least 90% of delivery will continue to be in the priority settings.
- Scope for **wider settings**
- Role of local Alcohol and Drug Partnership (ADPs) and NHS
- **Build the evidence base**

# **ABI HEAT standard guidance**

## **2012-13**

- **ABI components**
- **Settings defined**
- **Reporting requirements**
  
- **Checklist of good practice requirements**
  - **Plan**
  - **Implement**
  - **Evaluate**

# **Embedding ABI delivery: Strategies to support embedding**

- **Health Improvement HEAT standard**
- **Sharing of good practice**
- **Training and Education**
- **Data Collection / System Development**
- **Evaluation**

# **ABIs in Scotland: Conclusion**

- **Share learning and build the evidence base**
- **Sustainable approach with good partnership working**
- **Understanding of role in embedding ABIs**