



### Digital Interventions INEBRIA (e-INEBRIA) Working Group of INEBRIA SIG

## Teleconference

## Wednesday 14th September 2018

# 12.30-13.00 h (CET)

## Participants

Name	Institution	e-mail	Skype account	Country	Time difference with CET
Antoni Gual	Hospital Clínic	tgual@clinic.cat	tgualsol	Catalonia	Oh
Hugo López Pelayo	Hospital Clínic	hlopez@clinic.cat	hugolpi	Catalonia	Oh
Robert Tait	Curtis University	<u>robert.tait@curtis.edu.au</u>	rjtait2	Australia	+7h
Matthijs Blankers	Trimbos Instituut	<u>mblankers@trimbos.nl</u>	matthijs.blankers	The Netherlands	Oh
Leo Pas	Catholic University Leuven	lodewijkpas@gmail.com	leo-pas	Belgium	Oh
Paul Wallace	University College of London	p.wallace@ucl.ac.uk	paul.wallace.100	UK	- 1h
Anne Berman	Karonlinska Institute	anne.h.berman@ki.se	ahberman	Sweden	Oh
Nicolas Barticevic	Pontificia Universidad Católica de Chile	Nicolas.barticevic@gmail.com		Chile	-4h
Heleen Riper	VU University Amsterdam	<u>h.riper@vu.nl</u>		The Netherlands	Oh



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Assistants
Leo Pas
Nicolas Barticevic
Antoni Gual
Hugo López
Apologize
Heleen Riper
Paul Wallace
Anne Berman

#### Preconference

11 people are registered **[updated 17.09.18: 12]**. NB thinks that 2-4 Chilean colleagues might be interested. He will contact them. According to registered and potential assistants to the pre-conference we re-set up the program as follows. HLP will change the program and send an e-mail to those who are already registered. :

#### Schedule for INEBRIA preconference (Santiago de Chile 2018)

#### Wednesday 26<sup>th</sup> September

Room Seminario 3 (fifth-floor), Faculty of Medicine Building, Campus Casa Central, Pontificia Universidad Católica de Chile. (Av. Libertador Bernardo O'Higgins 340, Santiago; "Universidad Catolica" subway station) (pending to be confirmed)

#### **Morning session**

#### 10.30-11h Coffee and registration

#### 11:00-11.30h Introduction by Chairs of the meeting (prof. dr. Leo Pas and prof. dr. Heleen Riper))

#### 11:30 – 13:00h Small parallel groups

Торіс	Opened-questions	Chair
<b>Topic 1: Adherence to</b>	How to seduce use of digital applications? Guidance	Heleen





digital interventions	might be useful to increase adherence? How to achieve this? What else to do?	Riper
Topic 2: Implementation and tailoring of digital interventions	We do not practice what we preach; what can be learned from implementation science? One shoe does not it all feet: how to tailor to differences between individuals and groups (e.g. elderly, primary health care, work)?	Leo Pas

#### 13:00-14:00h Lunch

14:00-15:00h Topic: Young researchers in digital interventions field

**Opened-question:** The future is bright: reaching the Younger by the Young !

Chair: Paul Wallace

15:00-16:00h Topic: Roadmap to collaboration

**Opened-question:** conclusions of separate working groups to be put into concrete proposals for collaboration

Chair: Paul Wallace

#### e-SIG meeting during the TC

It is confirmed for the Thursday 27<sup>th</sup> 12.45h-13.30h. The room is pending. NB will send an e-mail (SIG in copy) to Pablo Norambuena asking for a room.

PW sent the agenda (attached). All agree with this agenda. HLP will update about website. Other themes will be developed by PW and the entire working group will be proactive, specifically point 3c in which we expect to go in depth during the pre-conference.