

Screening and brief Interventions in community settings ,India

Dr. Hamid Dabholkar
Parivartan Trust Maharashtra

Parivartan Experience

- Indoor Facility for treatment of Alcohol Dependence Syndrome at District place in western Maharashtra for last 10 years
- Cumulative Case load of around 4000 patients
- PREMIUM program development of effective acceptable, feasible and culturally appropriate interventions for AUDs in India

Parivartan Experience

- Jan-Man-Swastha Program : Multisite program across six states of India ,which aims at developing a model of community based services for Severe Mental Disorders , Common Mental Disorders , Epilepsy
- In operation for last three years with a cohort of more than 6000 patients registered till date

Issues for SBI in Indian settings

- Systematic problems
- Barriers and Possible solutions for implantation of SBI in Indian settings

Systematic problems

- Drinking culture
- Normal limits
- Increasing sells
- Abstinence Vs Control drinking
- Increasing demand for political interventions around ban of Alcohol in Maharashtra, Bihar, Tamil Nadu etc

Implementation SBI in Indian Setting

Barriers

- Minimal services for alcohol Dependce
- Facility based screening
- PHC Doctors attitude and PHC milieu

Solutions

- Collaboration of SBI with existing Services for Alcohol Dependence
- Community engagement and screening
- Adaptation of SBI to integrate components which can facilitate discussion around drinking culture

Implementation SBI in Indian Setting

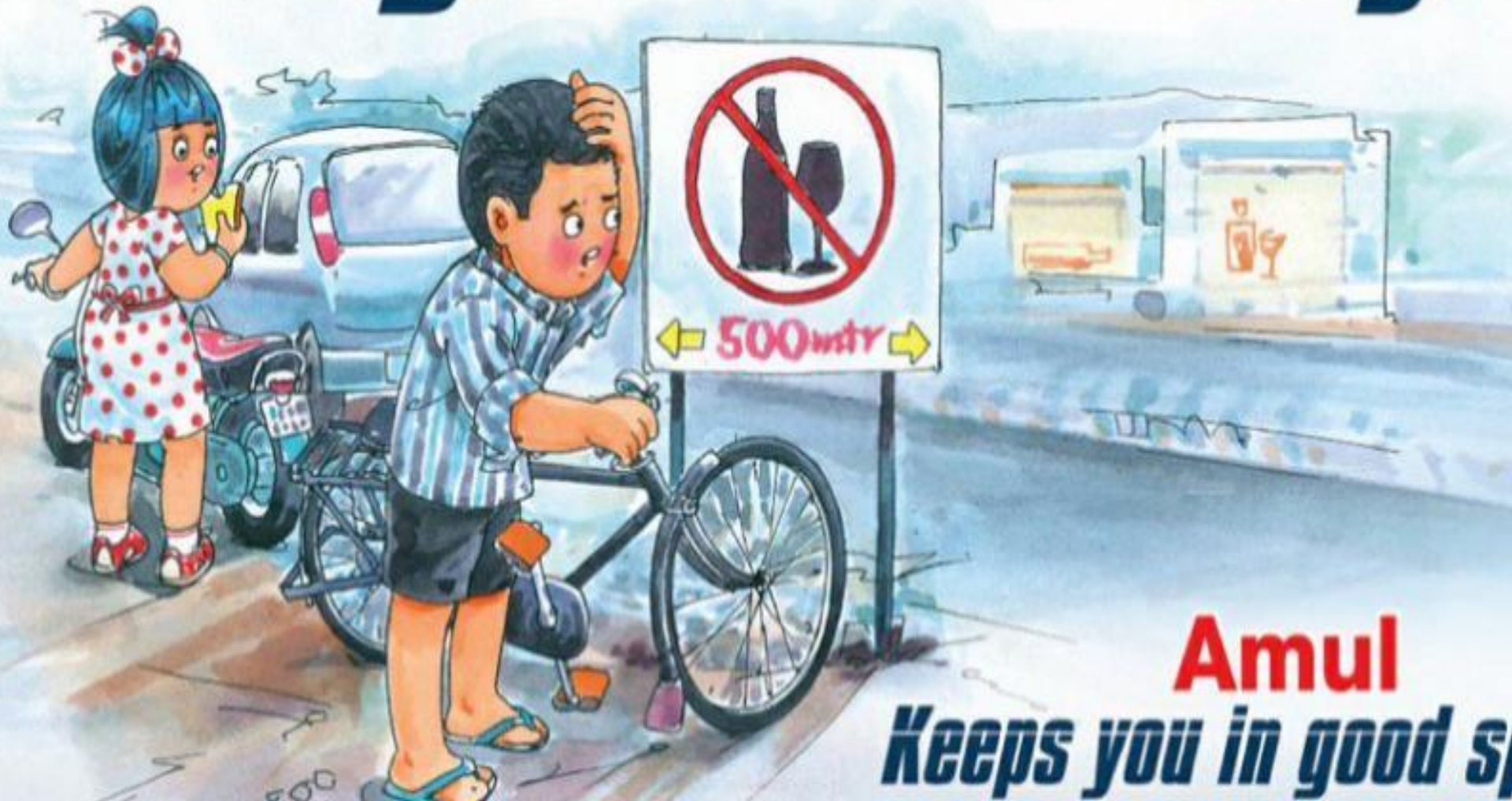
Barriers

- Scarcity of Human resource in PHC
- Co-occurrence of other disorders

Solutions

- Integration of SBI with other mental health programs
- Integration with other mental health programs e.g DMHP , NCD programs, youth programs and workplace

No high on the way!



Amul
Keeps you in good s

Thank you