Alcohol Screening & Brief Intervention

A Self-Paced Program for Nurses

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Program Overview

Nurses are in key positions to plan and implement alcohol screening and brief intervention (alcohol SBI).

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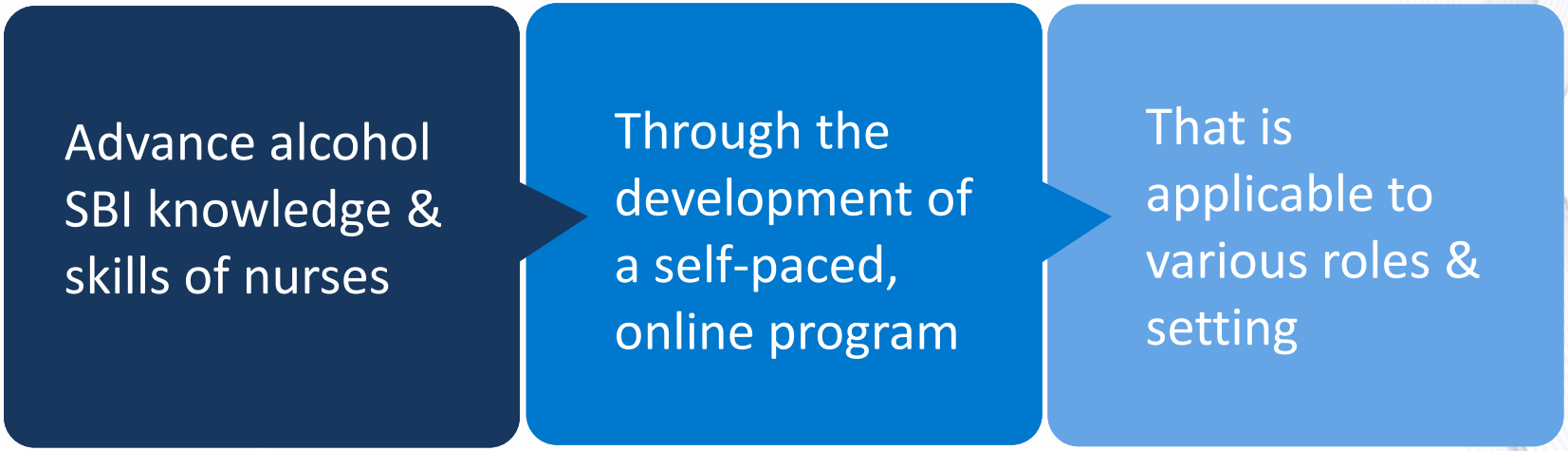
Program Goal



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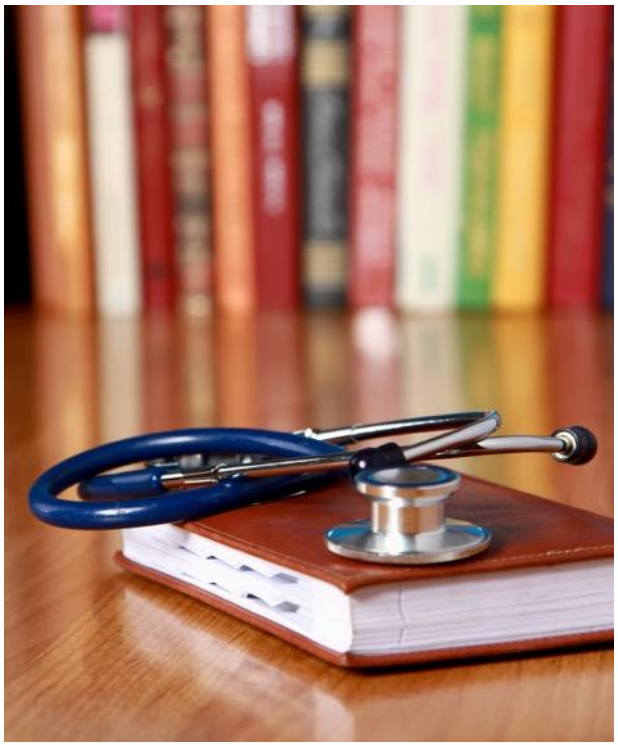

Presentation Objectives

- Describe the cooperative agreement for the project
- Explain the process used to develop the program
- Showcase sample content from the self-paced modules

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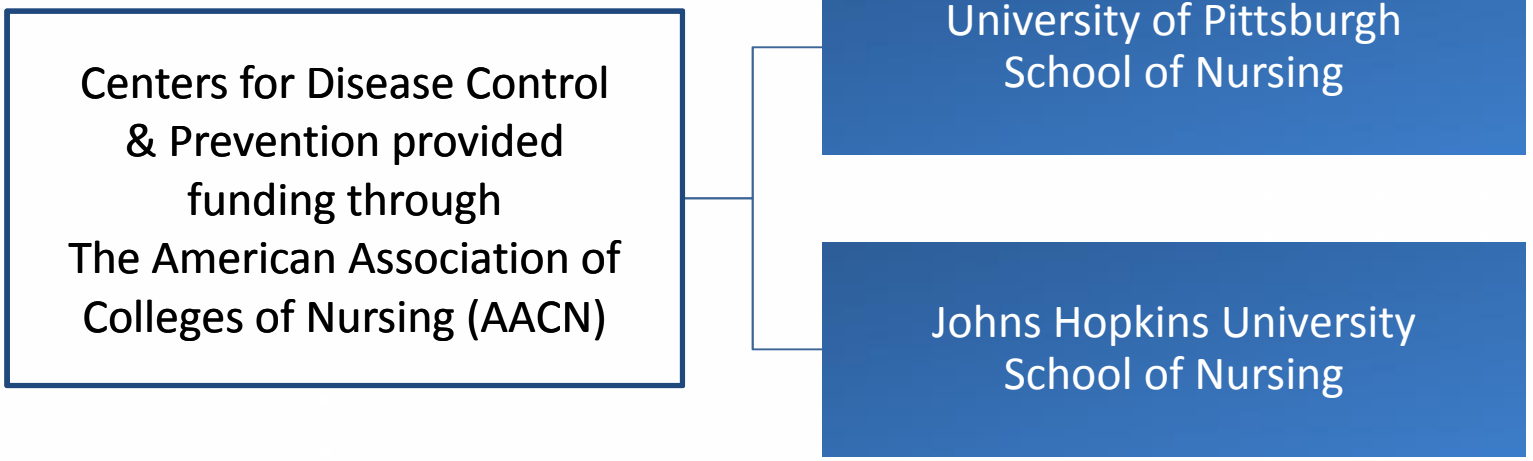
Funding & Collaboration



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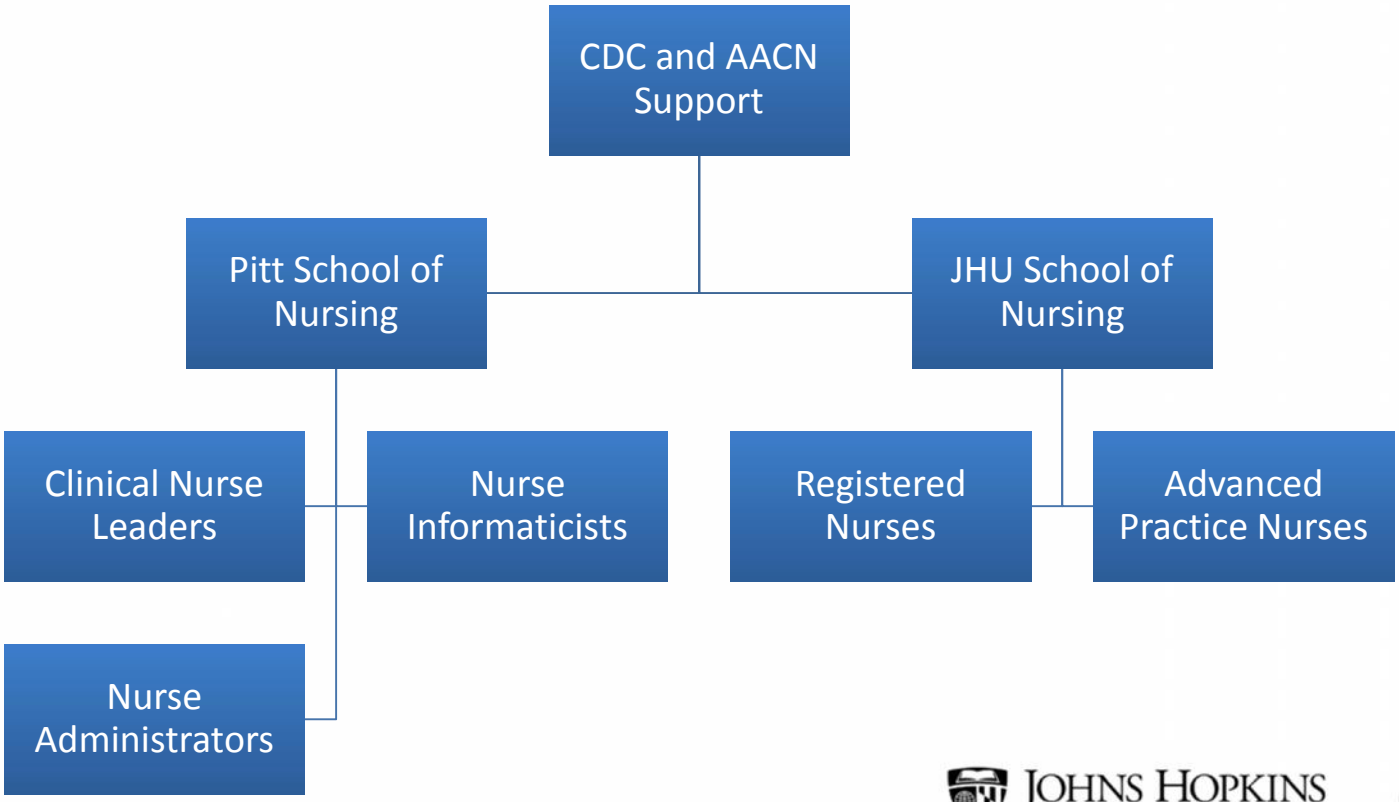
Supporting Nursing Groups



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Collaboration Methods

- Creating communication plan between universities
- Setting up regular meetings between the universities' subject experts and development teams
- Sharing resources and materials for a unified user experience

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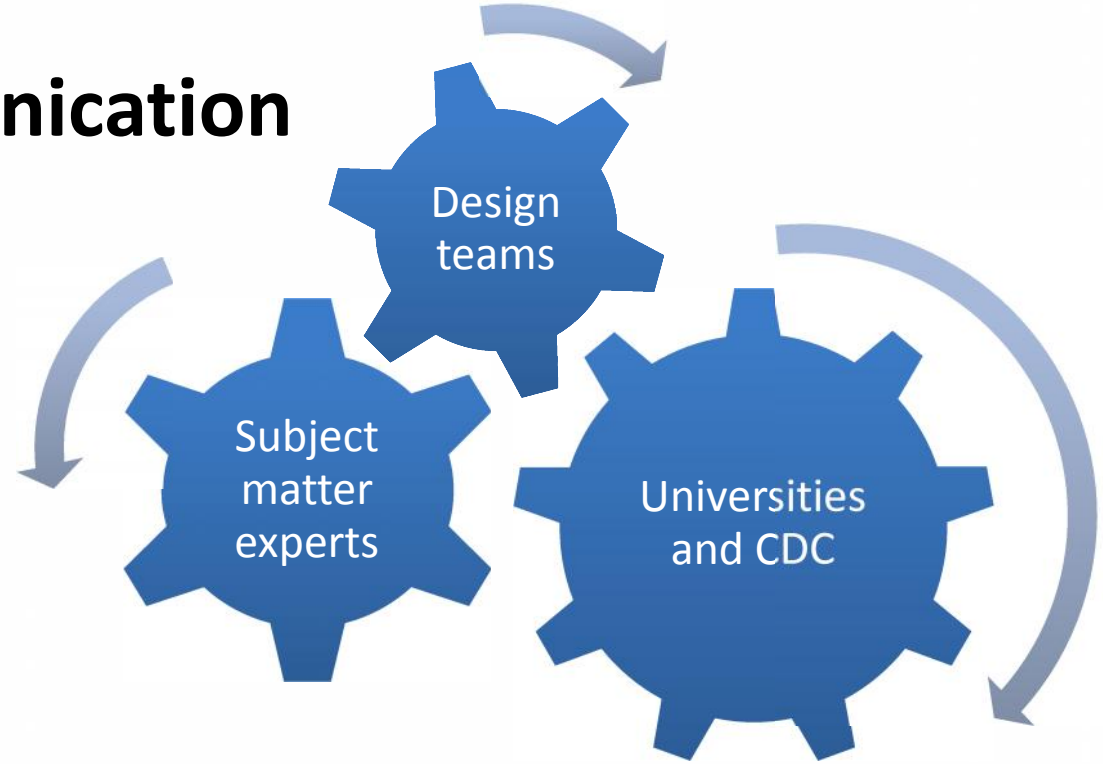
Open Communication



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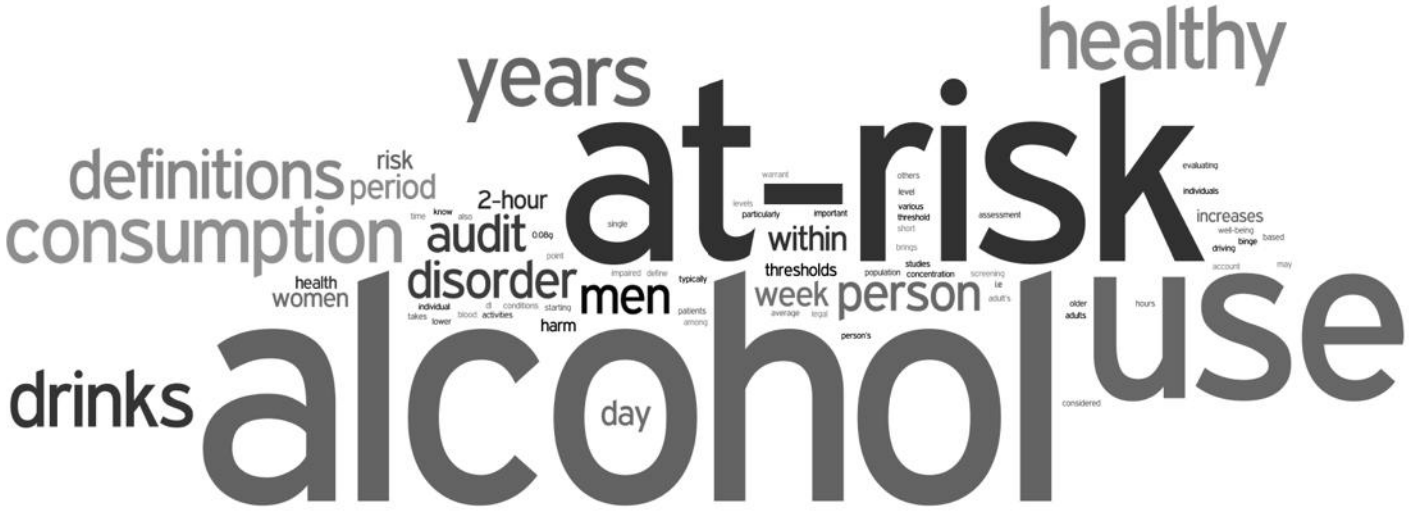
Common Definitions



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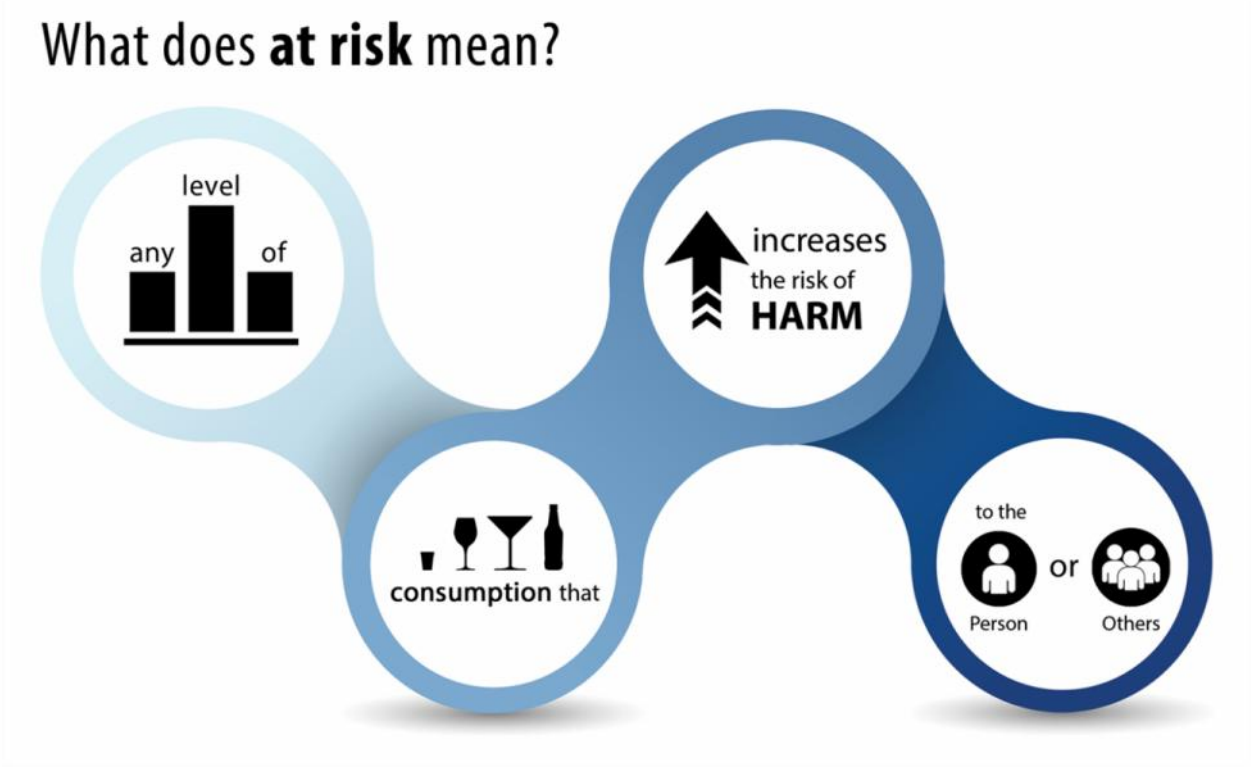
Common Definitions: At Risk



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Common Definitions: At Risk

Any consumption puts certain people at risk:

IMPORTANT Various health conditions, medications, and activities may warrant **limited or no** alcohol consumption at all.

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Sharing and Developing Materials

- Program assessment map
- Co-branded landing page
- Module template

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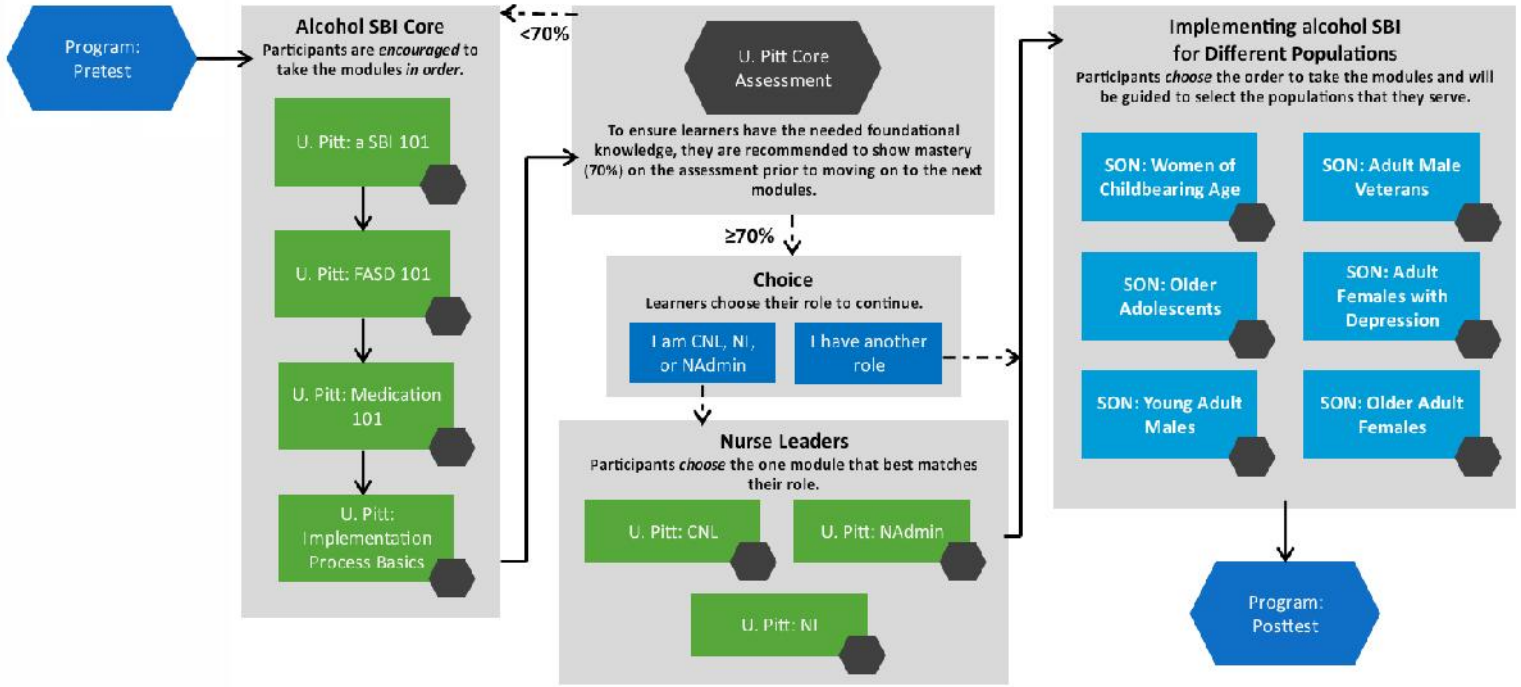
Sample: Program & Assessment Map



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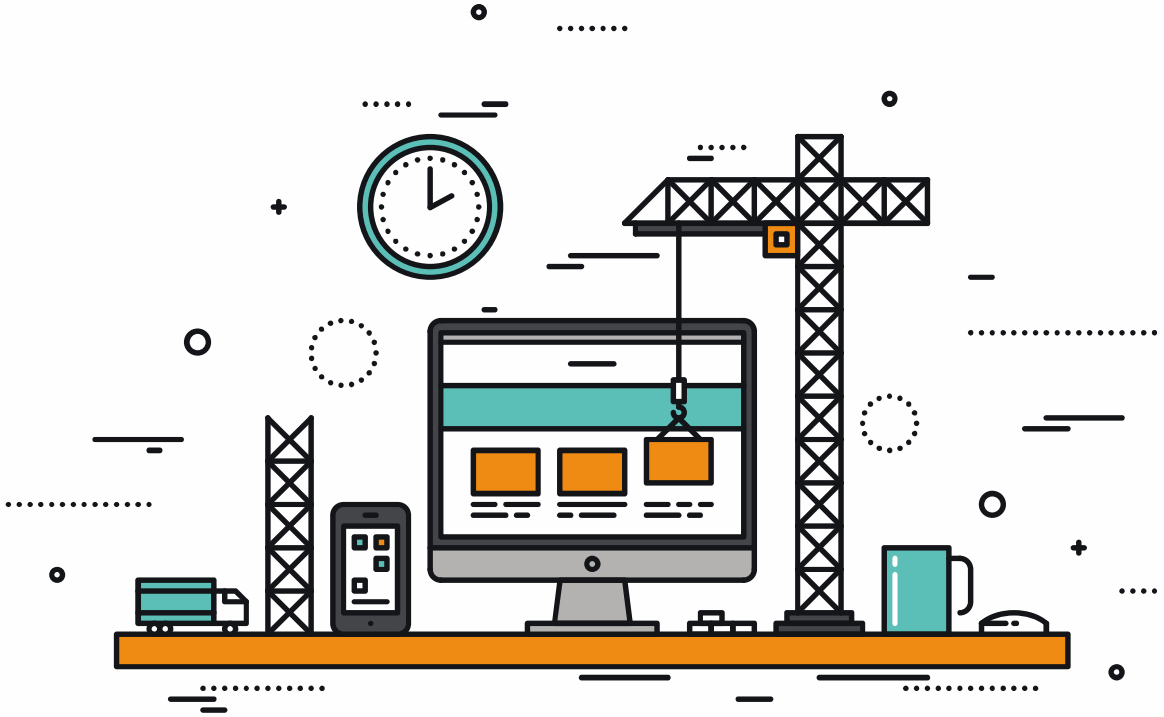
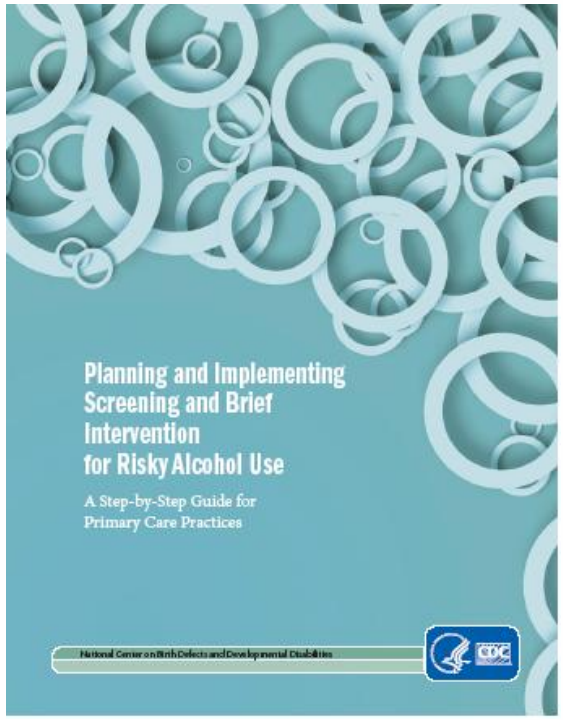
Process Development





Source: Centers for Disease Control and Prevention. (2014). Planning and Implementing Screening and Brief Intervention for Risky Alcohol Use: A Step-by-Step Guide for Primary Care Practices. Atlanta, Georgia: Centers for Disease Control and Prevention, National Center on Birth Defects and Developmental Disabilities.

Foundational Material

CDC's Planning and Implementing Screening and Brief Intervention for Risky Alcohol Use

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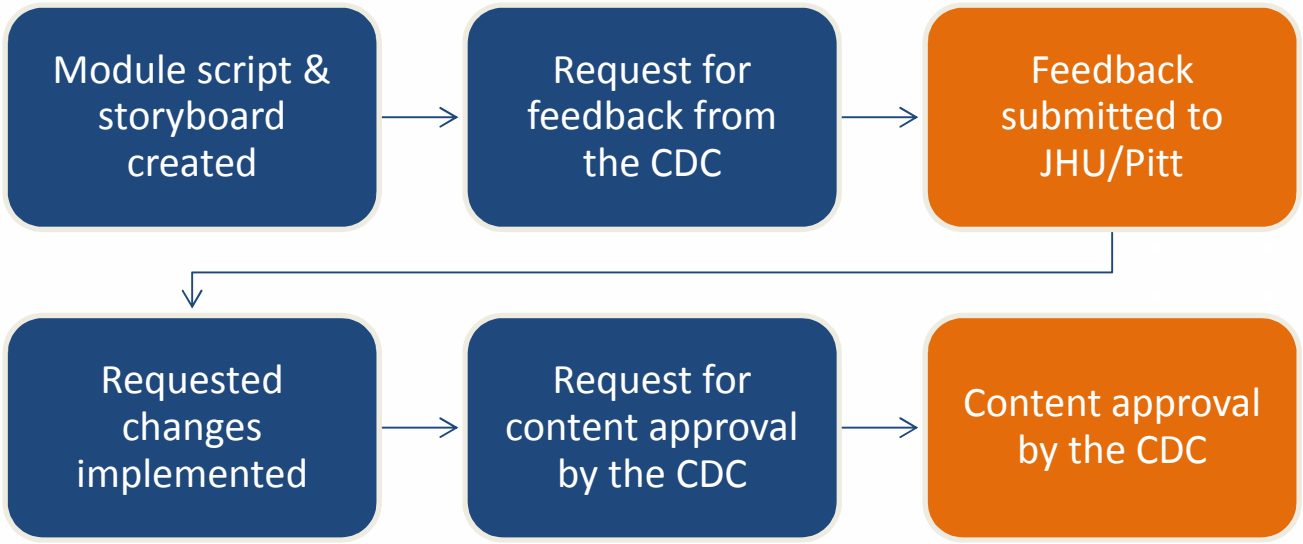
Module Creation



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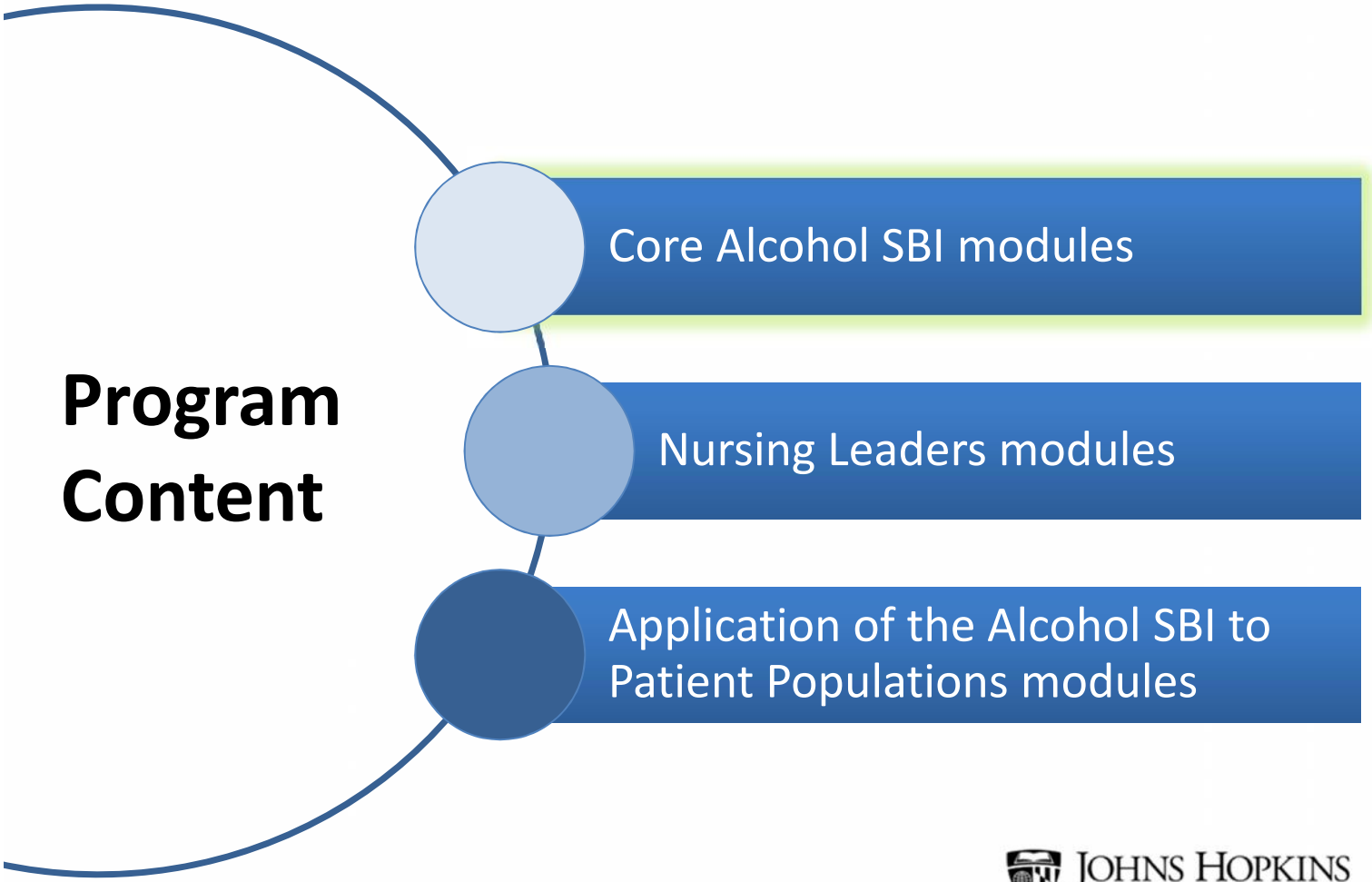
Program Content



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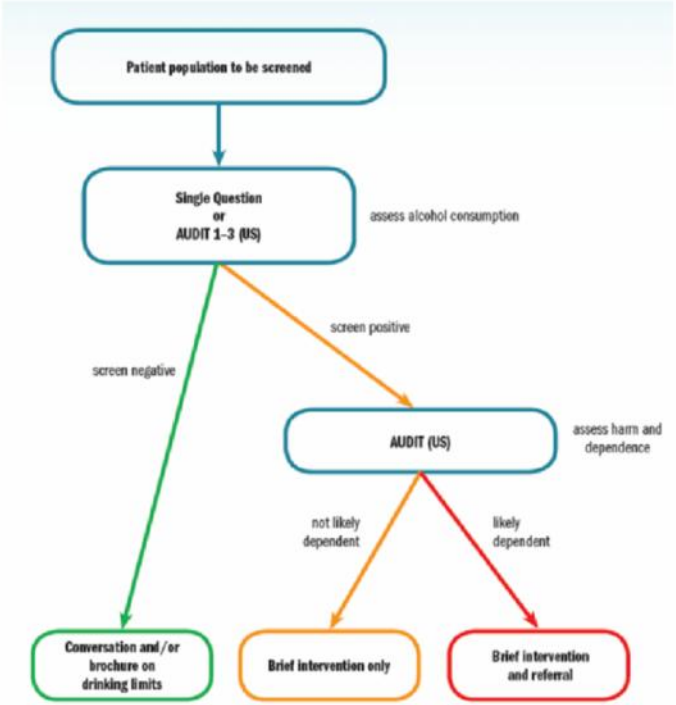
Alcohol SBI Basics



Source: Centers for Disease Control and Prevention. (2014). Planning and Implementing Screening and Brief Intervention for Risky Alcohol Use: A Step-by-Step Guide for Primary Care Practices. Atlanta, Georgia: Centers for Disease Control and Prevention, National Center on Birth Defects and Developmental Disabilities. Page 13.

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Medications 101

Drug Class Interactions with Alcohol

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FASD Basics

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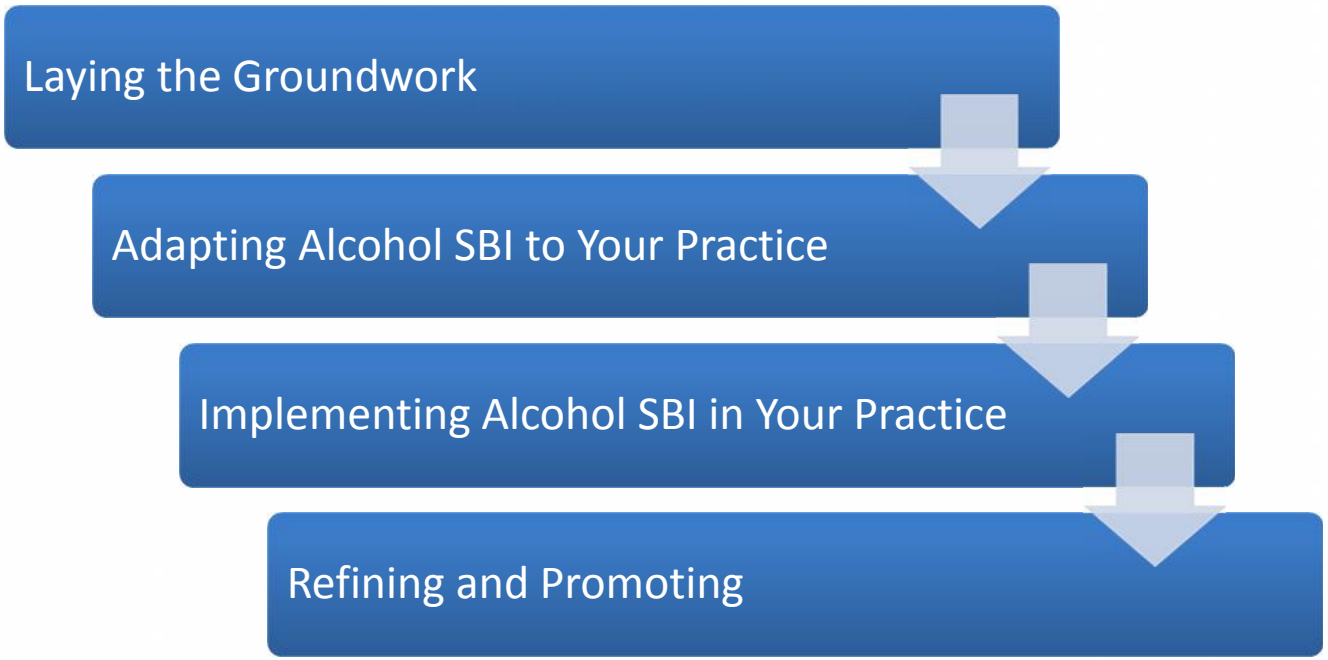
Implementation Basics



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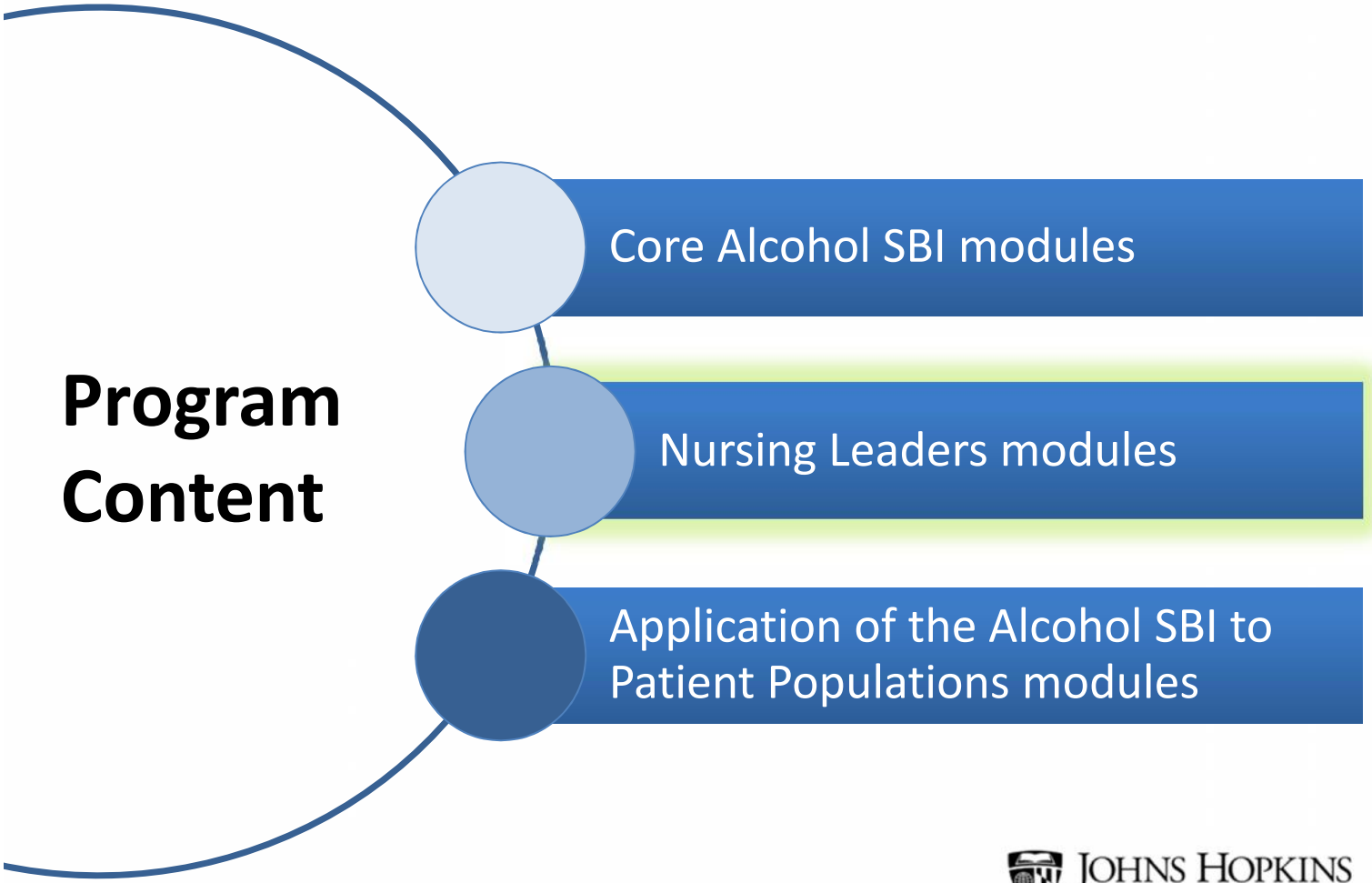
Program Content



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Nurse Leaders Specialty Modules

Clinical Nurse Leader

Nurse Informaticist

Nurse Administrator

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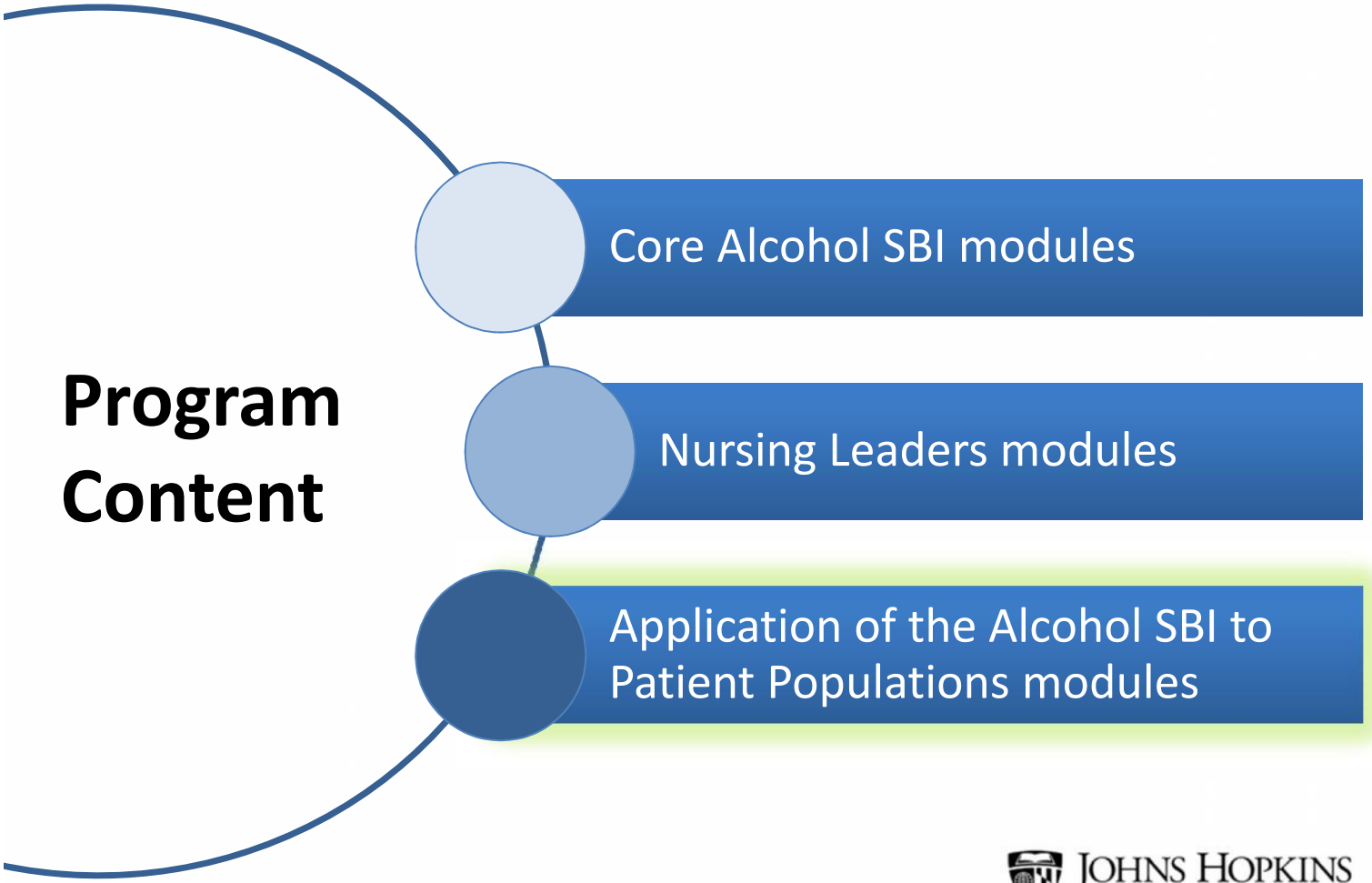
Program Content



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Applying Alcohol SBI to Patients

LGBT+

Veterans

Older adults

18-20 year olds

Adults with mental health and medical comorbidites

People who may become pregnant

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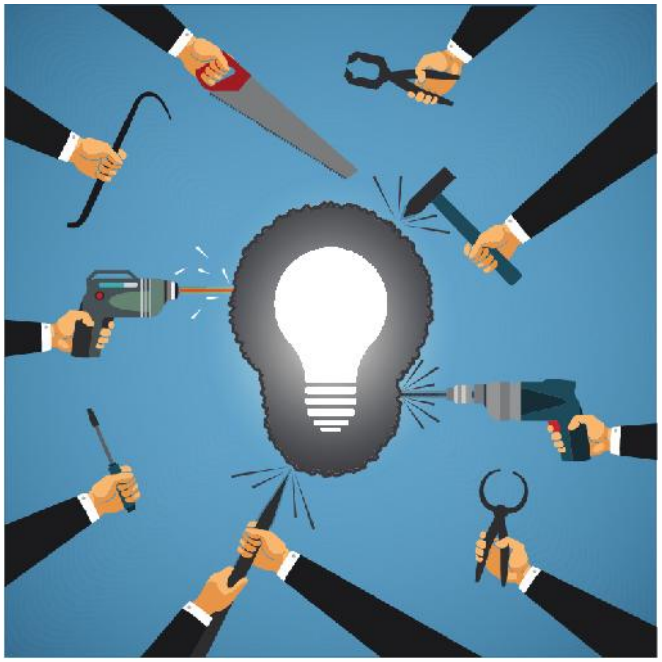
Development Samples



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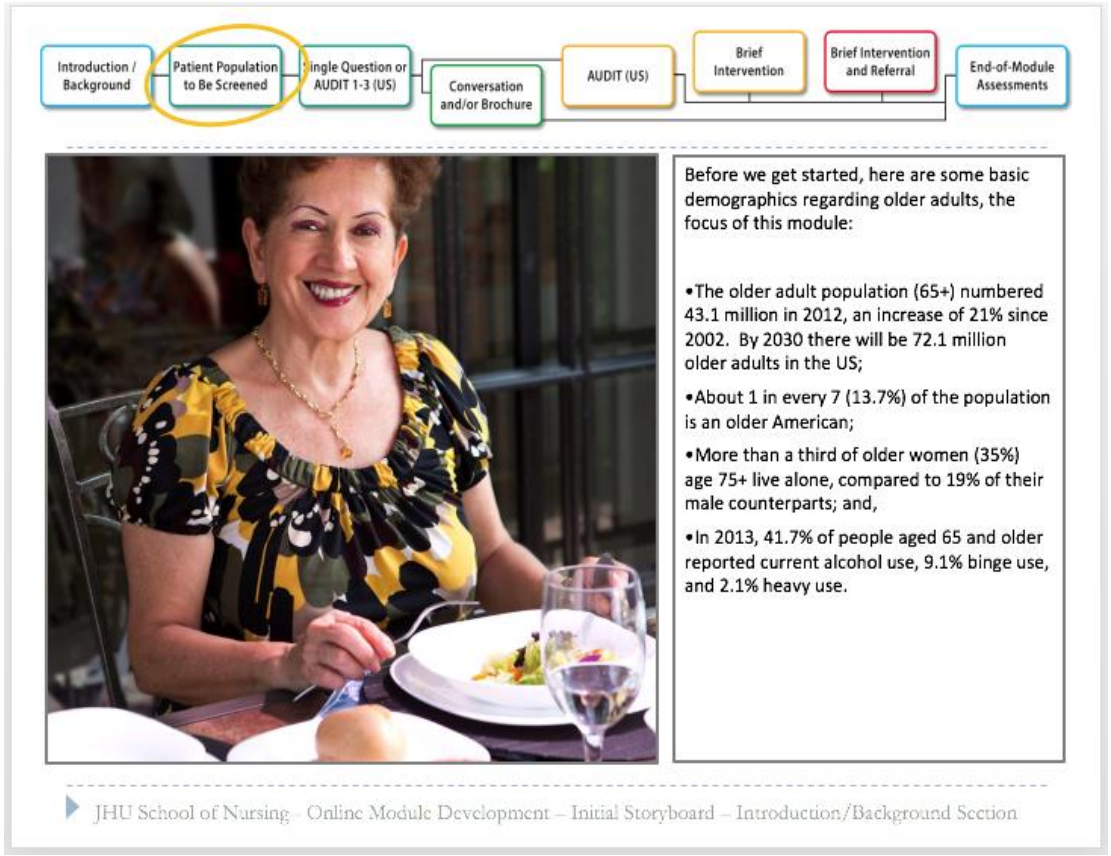
Before: Storyboard



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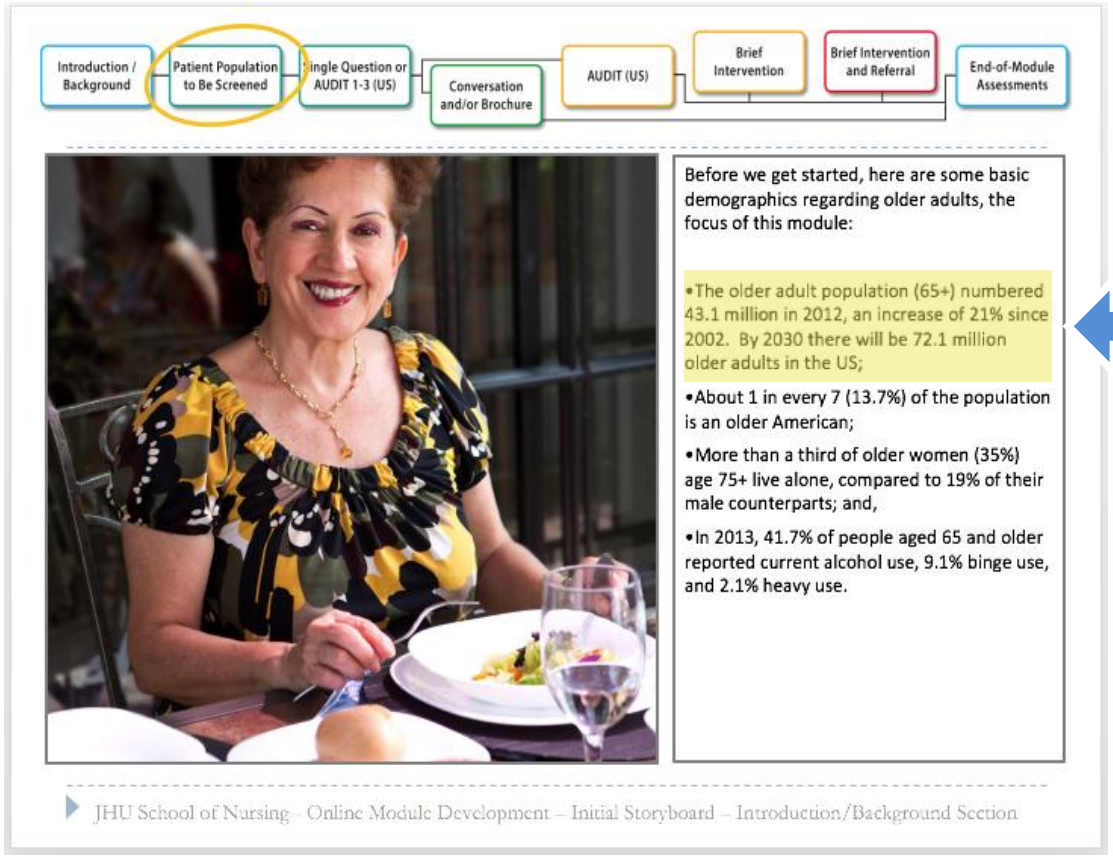
Before: Storyboard



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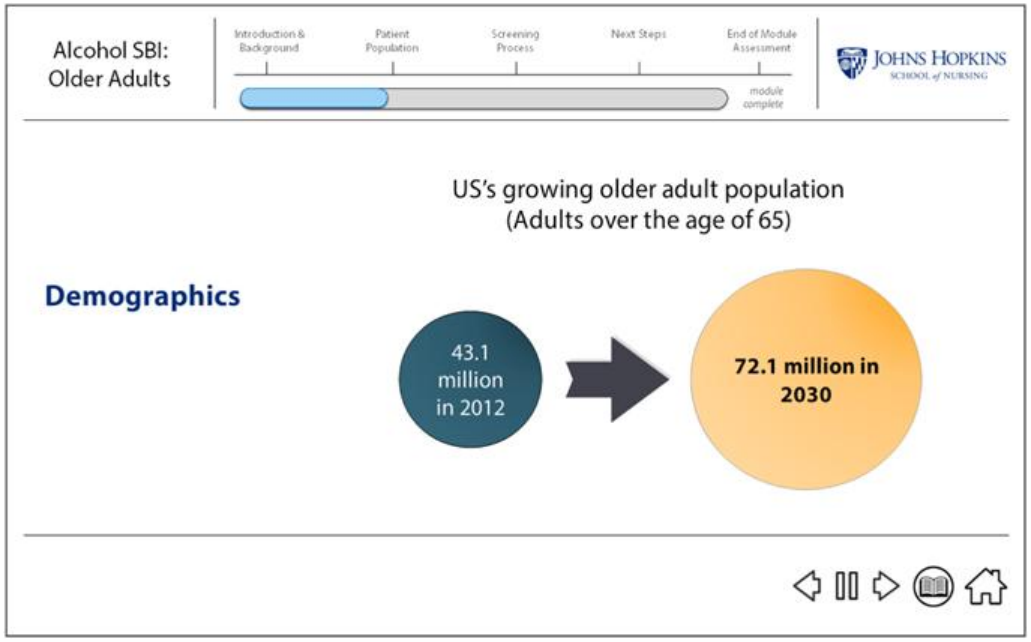
After: Development Layout



Script that will be narrated: Before we get started, here are some basic demographics regarding older adults, the focus of this module: The older adult population (65+) numbered 43.1 million in 2012, an increase of 21% since 2002. By 2030 there will be 72.1 million older adults in the US.

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Before: Assessment Example

Considering the following scenarios, which of the people's drinking may be considered "at risk."

A. (Correct) Marty, a 72 year-old, drinks a bottle of beer with dinner each night. On Sunday, dinner with his family usually lasts hours, and he tends to drink an extra bottle or two. He is healthy and doesn't take any medications.

B. (Correct) Samantha, a 65 year-old, works hard all week, and on Fridays she likes to go out and buy a bottle of wine to treat herself. She usually drinks the entire bottle (which is generally 5 standard drinks) before bed. She only drinks this one time per week, and she is healthy.

C. (Correct) Fred, a 74 year-old, likes to go to dinner on the weekends and have a couple of drinks with dinner. He has high blood pressure and other health problems.

D. Anisha, a 80 year-old, is healthy. She enjoys having a small glass of brandy on Sunday, but doesn't drink the rest of the week.

Feedback:

A. Marty's drinking puts him "at risk" because he exceeds the weekly limit of 7 drinks.

B. Samantha is "at risk" because she is exceeding the daily limit of 3 drinks since a bottle of wine is normally 5 glasses.

C. Fred is "at risk" since he has health issues and, if treated with medications for hypertension or his "other health problems" may be on alcohol-interactive medications. The weekly and daily criteria for "at risk" is only for healthy adults.

D. Anisha is not "at risk" since she is healthy and does not exceed the daily or weekly limits for alcohol.

Text rich questions & feedback

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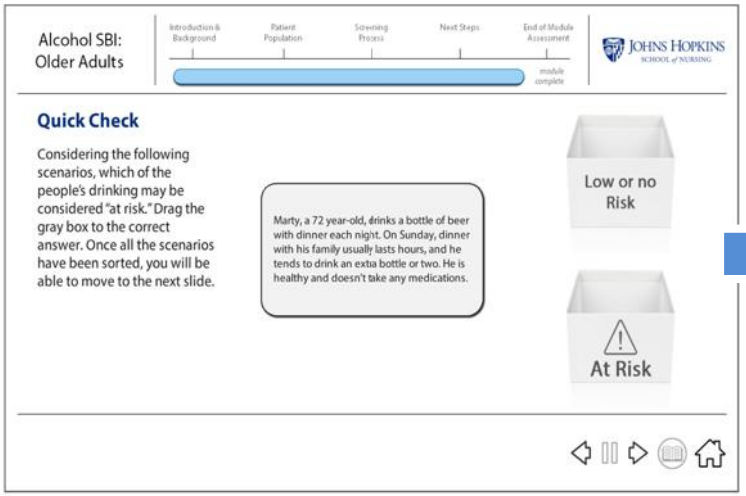
After: Assessment Example

The text is broken up into a drag and drop activity with popup feedback.



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Seeing Alcohol SBI in Action

We show learners how the alcohol SBI process is applied to multiple patient populations through video scenarios.

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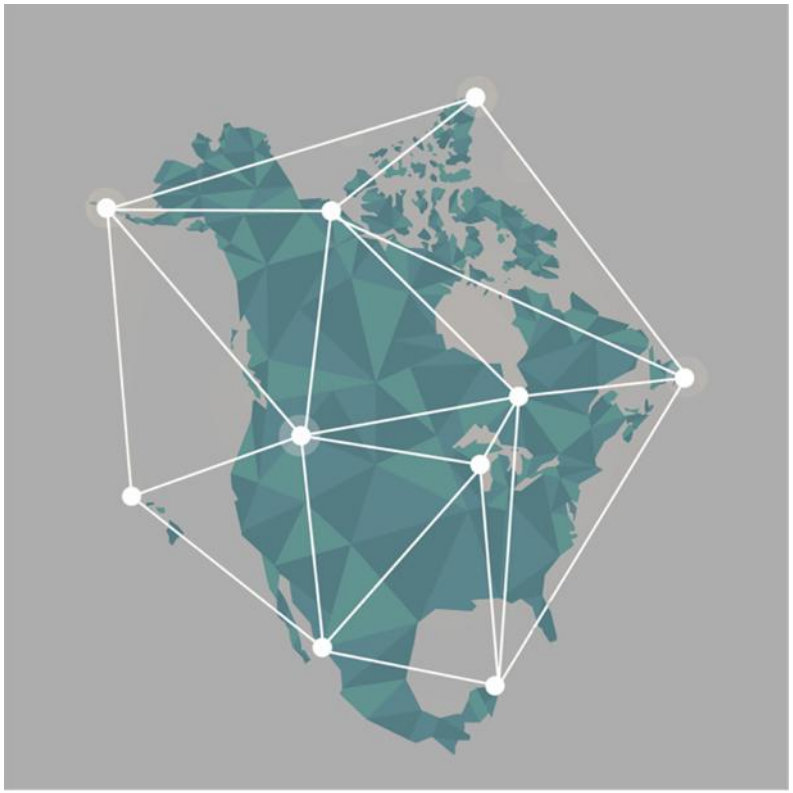
Alcohol SBI with an Older Adult

View the Sample Scenario

This video is a sample. Foundational information, thought questions, and opportunities for reflection are included before and during video in the actual module.

Conclusions

The alcohol SBI program will be shared with the nursing community across the U.S. and beyond!



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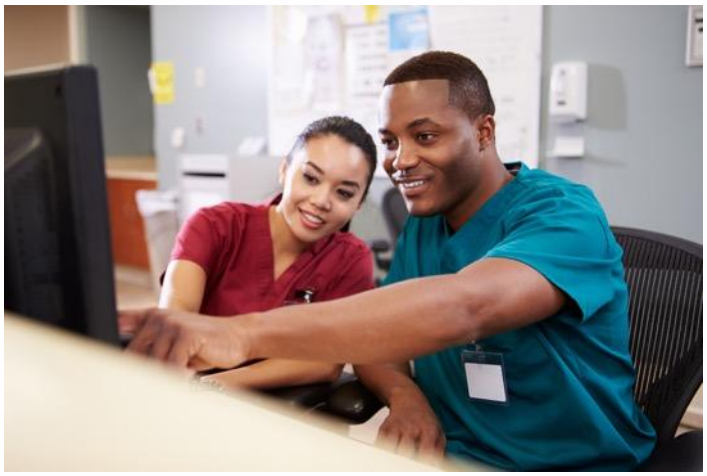
Conclusions



This online educational program will bring evidence-based alcohol SBI to current and future nurses.

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