



18<sup>th</sup> Annual Conference

# INEBRIA

International Network on Brief Interventions for Alcohol & Other Drugs

Edinburgh - Scotland

21<sup>st</sup> – 23<sup>rd</sup> September 2022

## CONFERENCE PROGRAMME

*“Early Identification and brief interventions: Innovation, sharing experience and facing challenges together for impact”*





INEBRIA is an international network of researchers, policy makers, practitioners and other stakeholders interested in the potential of brief interventions in health and other settings to reduce the harms produced by alcohol and other drug use. It aims to provide global leadership in the development, evaluation, and implementation of evidence-based practice in the area of early identification and brief intervention for hazardous and harmful substance use.

**The objectives of INEBRIA are:**

- To share information, experiences, research findings and expertise in the area of early identification and brief intervention for hazardous and harmful substance use.
- To promote best practice in, and encourage the development of, guidelines for the wide dissemination and implementation of evidence-based early identification and brief intervention for hazardous and harmful substance use.
- To identify gaps and needs for research in the field of early identification and brief intervention for hazardous and harmful substance use, promote international research cooperation and set standards for research.
- To promote the Integration of the study of brief interventions for hazardous and harmful substance use with the wider context of measures to prevent and reduce substance-related harm.

Membership is open to any individual with demonstrated experience in the area of brief interventions for alcohol problems, and to any individual with a bona fide and active interest in conducting research on or implementing in practice substance use brief interventions. Membership is free.

**Join INEBRIA** by signing up during the conference or visit: [www.inebria.net](http://www.inebria.net)

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# BRIEF SCHEDULE

## WEDNESDAY 21<sup>ST</sup> SEPTEMBER 2022

- 0930** (ADDITIONAL) Pre-Conference Workshop
- 1500** Pre-Conference Digital Intervention SIG Event
- 1830** Pre-Conference Evening Welcome Event and Reception

## THURSDAY 22<sup>ND</sup> SEPTEMBER 2022

- 0800** Welcome Refreshments
- 0830** Public Minister Opening Address
- 0900** Plenary 1  
*Dr Eric Carlin*
- 1000** Coffee Break/ Poster Session
- 1030** Breakout Session 1
- **SYMPOSIUM:** Methodological considerations with digital alcohol interventions. *Claire V. Garnett*
  - **ABSTRACT PRESENTATION:** Brief intervention during COVID
  - **ABSTRACT PRESENTATION:** Brief intervention using eHealth
- 1200** Lunch/ Poster Session
- 1300** Nick Heather Lecture  
*Professor Niamh Fitzgerald*
- 1345** Breakout Session 2
- **WORKSHOP:** Cannabis Clinical Competencies: Advances in identifying, & engaging cannabis users *Win C. Turner*
  - **WORKSHOP:** Co-creating an agenda for open science and brief interventions *Gillian Shorter*
  - **WORKSHOP:** Early identification and brief interventions – focusing on clinical relevance and implementation science *Gilje Lid*
  - **ABSTRACT PRESENTATION:** Mediators and moderators of brief interventions
- 1515** Coffee Break/ Poster Session
- 1545** Richard Saitz Outstanding Mentorship Award
- 1645** Best Abstract Presentation

## FRIDAY 23<sup>RD</sup> SEPTEMBER 2022

**0800**      **Welcome Refreshments**

**0830**      **Breakout Session 3**

- **SYMPOSIUM:** Digital interventions for substance use disorders: Trial results, implementation strategies and design considerations in studies that have real-world implications. *Joseph E. Glass.*
- **WORKSHOP:** Cannabis Clinical Competencies: Using SBIRT and a novel cannabis intervention screener to identify and engage users into motivational interventions. *Win C. Turner*
- **ABSTRACT PRESENTATION:** Brief interventions in health settings
- **ABSTRACT PRESENTATION:** Brief interventions in primary care settings

**1000**      **Coffee Break/ Poster Session**

**1030**      **Plenary 2**

*Professor Antoni Gaul*

**1130**      **Breakout Session 4**

- **SYMPOSIUM:** Early identification and brief interventions for substance use in young people in educational and workplace settings *Stacy A. Sterling*
- **SYMPOSIUM:** 'Exploring ASBIs in hard to reach, vulnerable populations: a holistic approach'. *Dorothy Newbury-Birch*
- **WORKSHOP:** Remaking brief interventions fit for the 21st century: developing new directions from the CHAMP-1 pharmacy research programme *Jim McCambridge*
- **ABSTRACT PRESENTATION:** Brief interventions in non-health settings

**1300**      **Lunch/ Poster Session**

**1400**      **INEBRIA AGM**

**1500**      **Breakout Session 5**

- **ABSTRACT PRESENTATION:** Brief interventions for adolescents
- **ABSTRACT PRESENTATION:** Brief Interventions for substance use
- **ABSTRACT PRESENTATION:** Brief interventions for specific populations
- **ABSTRACT PRESENTATION:** Training and dissemination issues for brief intervention

**1645**      **Closing Remarks**

## CONFERENCE SPONSORS

The INEBRIA Edinburgh 2022 Conference is co-sponsored by the World Health Organisation and the Scottish Alcohol Research Network.



Scottish Health Action on Alcohol Problems (SHAAP) are also kindly sponsoring the conference and hosting our Evening Welcome Event and Reception. Representatives of SHAAP will also be in attendance to the conference and will be hosting an exhibition stand for delegates.

### SCOTTISH HEALTH ACTION ON ALCOHOL PROBLEMS (SHAAP)

*Elinor Jayne and Hannah Lindsay*

SHAAP was set up in 2006 by the Medical Royal Colleges in Scotland and is based within the Royal College of Physicians of Edinburgh (RCPE) after clinicians were becoming increasingly concerned at the escalation in alcohol-related health damage in Scotland. This included both in its acute effects seen in admissions to accident and emergency departments and in chronic conditions such as liver disease and brain damage.

Following a scoping exercise, the need to establish a group which would represent health professionals in Scotland was established. SHAAP strives to provide consistent, expert advice and advocate for effective solutions to reduce alcohol-related harms.



## CONFERENCE SUPPORTERS

The INEBRIA Edinburgh 2022 Conference is kindly supported by The Scottish Government, University of Edinburgh, Teesside University and Generalitat de Catalunya.

**Programme on Substance Abuse**  
Public Health Agency of Catalonia



Salut/Agència de  
Salut Pública de Catalunya



**Scottish Government**  
Riaghaltas na h-Alba  
gov.scot



Scottish Families Affected by Alcohol and Drugs (SFAAD) and the Salvation Army Centre for Addiction Services and Research (SACASR) are additionally supporting the conference and will also host exhibition stalls throughout the conference.

### SCOTTISH FAMILIES AFFECTED BY ALCOHOL AND DRUGS

*Justina Murray and Rebecca McColl*

Scottish Families Affected by Alcohol and Drugs (SFAAD) are a national charity that support anyone concerned with someone else's alcohol or drug use, within Scotland. SFAAD provide expert listening, support and information to help individuals develop confidence, communication, general wellbeing and assist with linking people into local support.

SFAAD were created in 2003 by families who provided support to one another, and campaigned for recognition. There are a number of local and national Family support services across Scotland. These deliver workforce development through training, communications and campaigning work, specific support for young persons and wider community development.

## SALVATION ARMY CENTRE FOR ADDICTION SERVICES AND RESEARCH

*Wendy Masterton & Hannah Carver*

The Salvation Army Centre for Addiction Services and Research (SARCASR) aim to build capacity, maximise research investment and deliver robust high-quality research evidence to inform policy and practice relevant to problem drug use and recovery within Scotland. In addition to facilitating collaboration across Scotland, SACASR also develop links with leading researchers elsewhere within the UK and internationally. Established in 2017, the SACASR aims to develop collaborative research across disciplines, organisations and countries to inform policy and practice.



## A WORD FROM THE INEBRIA PRESIDENTS

After two years of virtual meetings, it is with happiness and hope for better times we welcome you to Edinburgh for INEBRIA 2022, to discuss old and new challenges to develop and disseminate effective Brief Interventions to cope with substance use related problems. During the pandemic period we had sad moments as the loss of our dear colleague whose leadership, joy, sense of humour and outstanding scientific contribution will forever be remembered throughout the new award Richard Saitz Outstanding Mentorship Award. On the other hand, we reinvented our ways of communicating using technology, approaching researchers and clinicians to develop digital interventions and distance learning programs. Despite this, nothing is comparable to the face-to-face meetings as opportunities to exchange of knowledge and experiences, increase our networks, meet old friends and create new ones and we look forward to meeting you all.

INEBRIA has since its inception had its secretariat in Barcelona, where the Catalan Ministry of Health has provided premises and officials who assist the organization. The business consists mainly of arranging annual research meetings. During the INEBRIA conferences the annual meetings of the organization are also held, and we encourage you to attend this years meeting.

We want to thank Professor Aisha Holloway and Professor Jeremy Bray for working hard over the last year to arrange a fantastic conference as well as the University of Edinburgh for welcoming us to this great city. We thank the members of the scientific committee for their contributions to the program. Lastly, thank you to all the amazing speakers who we will hear over the conference, and we know this will be a great INEBRIA conference.

Professor Dorothy Newbury-Birch (Dot)

Professor Maria Lucia O. Souza-Formigoni (Malu)

## WELCOME FROM LOCAL ORGANISERS

We are thrilled to welcome you to the INEBRIA 2022 Edinburgh Conference, the 18<sup>th</sup> annual INEBRIA conference and first in-person event since the pandemic entered our lives.

The theme of this year's conference is "*Early identification and brief interventions: Innovation, sharing experience and facing challenges together for impact.*" We are excited for our presenters to explore this theme in relation to COVID, substance use, primary care, health settings, non-health settings, adolescents, specific populations and training.

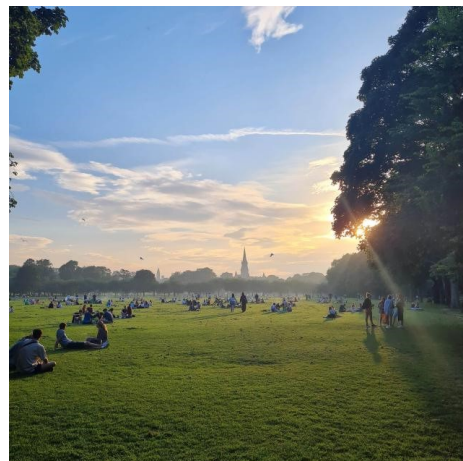
We are so pleased to host the first Scottish INEBRIA conference at the University of Edinburgh's John McIntyre Conference Centre (JMCC). As one of the world's top research-intensive universities, the University of Edinburgh is currently ranked 4<sup>th</sup> in the UK for research power – with 90% of research classified as world leading or internationally excellent in the 2021 Research Excellence Framework.

A special thanks is extended to our sponsors of the INEBRIA Edinburgh 2022 Conference - the Scientific Committee and INEBRIA Coordinating Committee for each of their contributions in helping to arrange this conference. We truly hope you each have a wonderful visit and we look forward to having the opportunity to meet with you all, network and unite in our experiences from around the globe.

# WELCOME TO EDINBURGH

As Scotland's capital city, Edinburgh is a beautiful location filled with plenty exciting things to do and sights for you to see during your stay. The historic Old Town offers some of Edinburgh's most iconic attractions, such as Edinburgh Castle, the Royal Mile and Holyrood Palace. We suggest you take time to explore and soak in the atmosphere by strolling down the winding streets and closes.

The New Town of Edinburgh boasts an array of shops, including the new St. James' centre, but also has many beautiful outdoor spaces including Princes Street Gardens and St. Andrews Square. There are various excellent cafes and restaurants in Edinburgh, and by night you can enjoy tours, musicals and theatre performances across the city.



We have highlighted the following as must-see attractions for you to visit during your stay in Edinburgh:

- Edinburgh Castle
- National Museum of Scotland
- Arthurs Seat and Holyrood Park
- Palace of Holyrood
- Calton Hill
- Royal Botanic Gardens of Edinburgh
- Scottish National Gallery of Modern Art

# DETAILED SCHEDULE

## WEDNESDAY 21<sup>ST</sup> SEPTEMBER 2022

### 0930 – 1300

**(ADDITIONAL) Pre-Conference Workshop “Alcohol policy: leading yourself to influence”**

*Room 4.1. School of Health in Social Science, Doorway 6, Old Medical Quad*

### 1500 – 1830

**Pre-Conference Digital Intervention SIG Event**

*Room 4.1. School of Health in Social Science, Doorway 6, Old Medical Quad*

### 1830 – 2100

**Pre-Conference Evening Welcome Event and Reception**

*Royal College of Physicians of Edinburgh, 9 Queen Street, EH2 1JQ*

## THURSDAY 22<sup>ND</sup> SEPTEMBER 2022

### 0800 – 0830

**Welcome Refreshments**

*JMCC Centro*

### 0830 – 0930

**Public Health Minister Opening Address**

*Pentland East Theatre*

### 0900 – 1000

**Plenary 1**

*Dr Eric Carlin*

*Pentland East Theatre*

### 1000 – 1030

**Coffee Break/ Poster session**

*JMCC Centro/ JMCC Concourse*

### 1030 – 1200

**Breakout Session 1**

<p><b>SYMPOSIUM:</b></p> <p><b>Methodological considerations with digital alcohol interventions</b></p> <p>Lead Presenter: Claire V. Garnett</p> <p><i>Pentland East Theatre</i></p>	Text-messaging Brief Interventions for Hazardous Drinking and Tobacco Use- Intervention Development Lessons from India	<i>Abhijit Nadkarni</i>
	Bot or not? Pitfalls and good practices in data management in digital alcohol research	<i>Gemma Loebenberg</i>
	Methodological insights from a remote Randomised Controlled Trial examining the effectiveness of an alcohol reduction app in helping increasing and higher risk drinkers reduce their alcohol consumption	<i>Melissa Oldham</i>
	The effect of question order on outcomes in the core outcome set for brief alcohol interventions among online help-seekers	<i>Marcus Bendtsen</i>
<p><b>ABSTRACT PRESENTATION</b></p> <p>Chair: Shannon Gwin Mitchell</p> <p><b>Brief intervention during COVID</b></p> <p><i>Duddingston</i></p>	<b>1030-1045:</b> Adolescent behavioral responses to COVID-19 and the development of the Pandemic Response Index	<i>Shannon Gwin Mitchell</i>
	<b>1045-1100:</b> Phone based brief intervention for alcohol use reduction during a COVID-19 pandemic: A telenursing care proposal in primary health care in Brazil	<i>Divane de Vargas</i>
	<b>1115-1130:</b> Adapting a primary care collaborative care intervention trial in response to the COVID-19 pandemic: Remote recruitment and assessments in the Subthreshold Opioid Use Disorder Prevention (STOP) Trial	<i>Jennifer McNeely</i>
<p><b>ABSTRACT PRESENTATION</b></p> <p>Chair: Claudia Gandin</p> <p><b>Brief intervention using eHealth</b></p> <p><i>Salisbury</i></p>	<b>1030-1045:</b> Early Identification and Brief Intervention for Alcohol Use Disorders: the training programme on EIBI of the Local Health Unit of Salerno, Italy	<i>Claudia Gandin</i>
	<b>1045-1100:</b> Effects of adolescent SBIRT education using simulated learning technology in health professional training	<i>Jackie S. Sheridan-Johnson</i>
	<b>1100-1115:</b> Validity of the Single-Item Screen - Cannabis (SIS-C) for cannabis use disorder screening in routine care	<i>Theresa E. Matson</i>

	<b>1115-1130:</b> Usability of a brief intervention combined with a gamified webapp to improve retention to the addiction treatment in patients with alcohol-related liver disease.	<i>Elsa Caballeria Lamora</i>
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## 1200 - 1300

### Lunch/ Poster Session

*JMCC Centro/ JMCC Concourse*

## 1300 – 1400

### Nick Heather Lecture

*Professor Niamh Fitzgerald*

*Pentland East Theatre*

## 1345 – 1400

### BREAKOUT SESSION 2

<b>WORKSHOP:</b> <i>Pentland East Theatre</i>	Cannabis Clinical Competencies: Advances in identifying, & engaging cannabis users	<i>Win C. Turner</i>
<b>WORKSHOP:</b> <i>Holyrood</i>	Co-creating an agenda for open science and brief interventions	<i>Gillian Shorter &amp; Marcus Bendtsen</i>
<b>WORKSHOP:</b> <i>Duddingston</i>	Early identification and brief interventions – focusing on clinical relevance and implementation science	<i>Torgeir Gilje Lid &amp; Sebastian Potthoff</i>
<b>ABSTRACT PRESENTATION</b> <i>Chair: Anna Butters</i>	<b>1345-1400</b> Understanding what strategies Dry January participants use to temporarily abstain from alcohol	<i>Anna L Butters</i>
<b>Mediators &amp; Moderators of Brief Interventions</b>  <i>Salisbury</i>	<b>1400-1415</b> Using health utility to set drinking targets for alcohol brief interventions	<i>Jeremy W. Bray</i>
	<b>1415-1430</b> Investigating for Whom Brief Substance Use Interventions are Most Effective: An Individual Participant Data Meta-Analysis	<i>Maria L. Schweer-Collins</i>

	1430-1445 Barriers to seeking treatment for alcohol use disorders ,À the role of severity of alcohol use and gender	<i>Sara Wallhed Finn</i>
	1445-1500 Who benefits from brief motivational intervention among alcohol-intoxicated young adults admitted to the emergency department: A moderation profiles analysis	<i>Jacques Guame</i>
	1500-1515: Attitudes of health professionals towards people with substance use disorders in Brazil, controlling for the effects of social desirability	<i>Telmo Mota Ronzani</i>

## 1515 – 1545

### Coffee Break/ Poster Session

*JMCC Centro/ JMCC Concourse*

## 1545 – 1645

### Richard Saitz Outstanding Mentorship Award

*Pentland East Theatre*

## 1645 – 1715

### Best Abstract Award

*Pentland East Theatre*

## FRIDAY 23<sup>RD</sup> SEPTEMBER 2022

### 0800 – 0830

#### Welcome Refreshments

*JMCC Centro*

### 0830 – 1000

#### BREAKOUT SESSION 3

<p><b>SYMPOSIUM:</b></p> <p><b>Digital interventions for substance use</b></p>	<p>Smartphone-based secondary prevention intervention for university students with unhealthy alcohol use: a randomized controlled trial</p>	<p><i>Nicolas Bertholet</i></p>
<p><b>disorders: Trial results, implementation strategies, and design considerations in studies that have real-world implications.</b></p>	<p>Implementation and workflow strategies for integrating digital therapeutics for alcohol use disorders into primary care: A qualitative study</p>	<p><i>Jessica M. Mogk</i></p>
<p>Lead Author: Joseph E. Glass</p>	<p>Digital therapeutics for opioids and other substance use disorders (DIGITS Trial) in primary care: Results of a quality improvement pilot and study protocol for a hybrid type-III implementation trial</p>	<p><i>Joseph E. Glass</i></p>
<p><i>Pentland East Theatre</i></p>	<p>A proposed framework for designing trials, evaluating the effectiveness and implementation of digital interventions for substance use</p>	<p><i>Theresa E. Matson</i></p>
<p><b>WORKSHOP:</b></p> <p><i>Holyrood</i></p>	<p>Cannabis Clinical Competencies: Using SBIRT and a novel cannabis intervention screener to identify and engage users into motivational interventions.</p>	<p><i>Win C. Turner</i></p>
<p><b>ABSTRACT PRESENTATION:</b></p> <p><i>Chair: Stacey Sterling</i></p> <p><b>Brief interventions in health settings</b></p>	<p><b>0830-0845</b> Effectiveness of Alcohol Brief Intervention on Drinking and Blood Pressure Outcomes in Adult Patients with Hypertension: Results from a Systematic Alcohol Screening and Brief Intervention Initiative in a U.S. Health System</p>	<p><i>Stacy Sterling</i></p>
<p><i>Duddingston</i></p>	<p><b>0845-0900</b> Substance use screening rates and screening results among adult primary care patients with mental health conditions</p>	<p><i>Jennifer McNeely</i></p>



	and substance use-related medical conditions	
	0900-0915 Natural course of behavioural health risk factors in general hospital patients with at-risk alcohol use over two years	<i>Jennis Freyer-Adam</i>
	0915-0930 Disparities in Receipt of Alcohol Brief Intervention: The Intersectionality of Sex, Age and Race/ethnicity	<i>Sujaya Parthasarathy</i>
<b>ABSTRACT PRESENTATION:</b> <i>Chair: Karin Hyland</i>	0830-0845: The efficacy of iCBT added to treatment as usual for alcohol dependent patients in Primary Care: a randomized controlled trial.	<i>Karin Hyland</i>
<b>Brief interventions in primary care settings</b>	0845-0900: Brief interventions in decreasing alcohol use in users of a Family Health Unit	<i>Tereza Maria Mendes Diniz de Andrade Barroso</i>
<i>Salisbury</i>	0900-0915: Managing alcohol problems through GP practices: referrals to and engagement with a specialist alcohol service	<i>Clare Sharp</i>
	0915-0930: Primary care provider and U.S. Veteran perspectives on barriers and facilitators to alcohol-related care and ideas for improvement in the Veterans Health Administration	<i>Rachel L. Bachrach</i>

## 1000 – 1030

### Coffee Break/ Poster Session

*JMCC Centro/ JMCC Concourse*

## 1030 – 1130

### Plenary 2

*Professor Antoni Gaul*

*Pentland East Theatre*

## 1130 – 1300

### **BREAKOUT SESSION 4**

<p><b>SYMPOSIUM:</b></p> <p><b>Early identification and brief interventions for substance use in young people in educational and workplace settings</b></p> <p>Lead Author: Stacey Sterling</p> <p><i>Pentland East Theatre</i></p>	<p>Screening for and assessing alcohol use and consequences in adolescents</p>	<p><i>Paul Toner</i></p>
	<p>The SIPS JR-HIGH study of the effectiveness of ASBI in reducing alcohol consumption in the high school setting in the UK</p>	<p><i>Dorothy Newbury-Birch</i></p>
	<p>Measuring the impact of employment stresses on mental health and alcohol consumption in young people</p>	<p><i>Andrew Divers</i></p>
	<p>Decoupling SBIRT from in person visits: understanding factors influential to engaging college students in electronic health screens &amp; motivational interventions</p>	<p><i>Win Turner</i></p>
<p><b>ABSTRACT PRESENTATION:</b></p> <p><i>Chair: Fatima Abiola Popoola</i></p> <p><b>Brief interventions in non-health settings</b></p> <p><i>Holyrood</i></p>	<p><b>1130-1145:</b> SBIRT in Non-Medical Settings for Clients with Substance use Problems- Evaluation of its Effectiveness</p>	<p><i>Fatima Abiola Popoola</i></p>
	<p><b>1145-1200:</b> Assessment by the JT method of brief intervention applied to Brazilian workers with a score of 8 or more in the audit</p>	<p><i>Sandra Regina Chalela Ayub</i></p>
	<p><b>1200-1215:</b> Communities in Charge of Alcohol: Building capacity in alcohol screening and brief interventions through asset based community development</p>	<p><i>Elizabeth J Burns</i></p>
	<p><b>1215-1230:</b> Piloting a strategy to screen and detect risky drinking of alcohol in the community pharmacies of Catalonia</p>	<p><i>Joan Colom Ferran</i></p>
<p><b>WORKSHOP</b></p> <p><i>Duddingston</i></p>	<p>Remaking brief interventions fit for the 21st century: developing new directions from the CHAMP-1 pharmacy research programme.</p>	<p><i>Jim McCambridge</i></p>
<p><b>SYMPOSIUM</b></p>	<p>An updated systematic review of worldwide alcohol use disorders and brief alcohol interventions in the criminal justice system</p>	<p><i>Dorothy Newbury-Birch</i></p>

<p><b>Exploring ASBIs in hard to reach, vulnerable populations: a holistic approach</b></p> <p>Lead Author: Dorothy Newbury-Birch</p> <p><i>Salisbury</i></p>	<p>A two-arm parallel-group individually randomised prison pilot study of a male remand alcohol brief intervention for self-efficacy enhancement: the APPRAISE study.</p>	<p><i>Gillian Waller</i></p>
	<p>An exploration of delivering screening and brief interventions for women leaving prison, a holistic approach.</p>	<p><i>Jennifer Ferguson</i></p>
	<p>Examining the role of vulnerabilities on alcohol consumption in the age of COVID-19 and their implication for interventions.</p>	<p><i>Andrew Divers</i></p>
	<p>Safe and Wellbeing Visits: A brief intervention tool to drive forward population health improvements using the fire service in County Durham</p>	<p><i>Natalie Connor</i></p>

## 1300 – 1400

### Lunch/ Poster Session

*JMCC Centro/ JMCC Concourse*

## 1400 – 1500

### INEBRIA AGM

*Pentlands East Theatre*

## 1500 – 1645

### **BREAKOUT SESSION 5**

<p><b>ABSTRACT PRESENTATION:</b> <i>Chair: Hildie Cohen</i></p>	<p><b>1500-1515:</b> A dose-response analysis of adolescent SBIRT education for health professionals: Navigating a post-COVID landscape</p>	<p><i>Hildie Cohen</i></p>
<p><b>Brief interventions for adolescents</b></p> <p><i>Pentland East</i></p>	<p><b>1515-1530:</b> Cannabis use and mental health among transition age youth receiving care in a large urban healthcare system 2019-2020</p>	<p><i>Lillian Gelberg</i></p>

<i>Theatre</i>	<b>1530-1545:</b> Association between previous emotional state and drinking risk levels in young adults	<i>Maria Lucia Oliveira de Souza Formigoni</i>
	<b>1545-1600:</b> Development of a mobile application for screening, brief intervention and referral of adolescents and young adults with substance use disorders	<i>Maria Lucia Oliveira de Souza-Formigoni</i>
	<b>1600-1615:</b> Brief parent interventions: Parents needs and recommendations for the prevention of alcohol intoxications among teenagers	<i>Silke Diestelkamp</i>
	<b>1615-1630:</b> Comparison of substance use screening instruments and time frames among adolescents in rural health clinics	<i>Jan Gryczynski</i>
<b>ABSTRACT PRESENTATION:</b> <i>Chair: Abhishek Ghosh</i>  <b>Brief Intervention for Substance Use</b>  <i>Holyrood</i>	<b>1500-1515</b> Efficacy of Screening and Brief Intervention for Cannabis Misuse in Individuals on Buprenorphine Treatment for Opioid Use Disorder: A Double-Blind Randomized Clinical Trial	<i>Abhishek Ghosh</i>
	<b>1515-1530</b> Incorporating universal opioid use disorder screening into primary care: Experiences from a national cohort of U.S. clinics	<i>Emily C. Williams</i>
	<b>1530-1545</b> PROUD Trial Main Results: A Pragmatic Implementation Trial Testing the Massachusetts Model of Nurse Collaborative Care for Opioid Use Disorder	<i>Kathy Bradley</i>
	<b>1545-1600</b> Successful implementation of substance use screening in rural federally qualified health centres identified high rates of unhealthy alcohol, cannabis, and tobacco use	<i>Jennifer McNeely</i>
	<b>1600-1615</b> Profile of Substance dependence with Adult ADHD: A study from a tertiary care setting in India	<i>Sneha Goyal</i>

<p><b>ABSTRACT PRESENTATION:</b> <i>Chair: Kelly Doran</i></p>	<p><b>1500-1515:</b> Targeted SBIRT and Homelessness Prevention Intervention for Emergency Department Patients With Drug Use or Unhealthy Alcohol Use: A Pilot Feasibility Study</p>	<p><i>Kelly Doran</i></p>
<p><b>Brief interventions for specific populations</b>  <i>Duddingston</i></p>	<p><b>1515-1530:</b> Understanding the acceptability and experiences of screening and brief interventions for problematic alcohol consumption in people with co-occurring depression: insights from a qualitative study from the North East of England, UK</p>	<p>Katherine L Jackson</p>
	<p><b>1530-1545:</b> Evaluation of an Evidence-Based Substance Use Disorder Program for Urban High-Risk Females</p>	<p>Roger J. Zoorob</p>
	<p><b>1545-1600:</b> A Multidisciplinary Approach to Expanding Substance Use Disorder Treatment in an Under-resourced majority Latinx Community</p>	<p>Sandra J. Gonzalez</p>
	<p><b>1600-1615:</b> Can Single-Item Screening Questions Predict Future Homelessness among Emergency Department Patients with Drug or Unhealthy Alcohol Use?</p>	<p>Kelly Doran</p>
<p><b>ABSTRACT PRESENTATION:</b> <i>Chair: David Kalema</i></p>	<p><b>1500-1515:</b> Opportunities for screening, brief interventions, and treatment of alcohol use disorders in low-income countries: Lessons from the SAFER program in Uganda</p>	<p><i>David Kalema</i></p>
<p><b>Training and Dissemination Issues for Brief Intervention</b></p>	<p><b>1515-1530:</b> Training of trainers on screening and brief intervention and referral to treatment (SBIRT) for tobacco use</p>	<p><i>Marianne Hochet</i></p>
<p><i>Salisbury</i></p>	<p><b>1530-1545:</b> Nursing students, Æ experience with the training and implementation of a brief alcohol motivational interviewing.</p>	<p><i>Maria Lavilla Gracia</i></p>

## 1645 – 1700

## **Closing Remarks**

*JMCC Centro*

## POSTER PRESENTATIONS

1. **“Evaluating Barriers and Facilitators to Implementing Adolescent Screening, Brief Intervention, and Referral to Treatment Education in Social Work and Nursing Curriculum Using the CFIR Model.”** *Hildie Cohen*
2. **“Brief intervention for patients using psychoactive substances.”** *Angela Maria Mendes Abreu*
3. **“E-brief intervention for substance use disorder during COVID-19 pandemic: A pilot study.”** *Ankit Kumar Sinha*
4. **“Exploring the impact of employee assistance programs on the reduction of absentee hours for addiction-related presenting issue.”** *Ashley Peters*
5. **“Nalmefene prescribing in UK primary care: an overview of general patterns, insights from professionals, and implications for alcohol interventions in primary care.”** *Clare Sharp*
6. **“A Randomized Iterative Approach to Optimizing an Online Substance Use Intervention for Collegiate Athletes.”** *David Wyrick*
7. **“Curricular innovation related to management of patients with opioid use disorder.”** *Deborah S. Finnell*
8. **“Äùl thought cancer was a tobacco issue,Äù: perspectives of Veterans with and without HIV on cancer risks associated with alcohol and tobacco use.”** *Emily Williams*
9. **“Acceptability of a brief personalized prevention model for reducing alcohol and other substance use risk among youth: findings from a qualitative interview study.”** *Elissa R. Weitzman*
10. **“Implementation and Impact of Adolescent SBIRT Training for Substance Use and Co-occurring Mental Health Risks.”** *Hildie Cohen*
11. **“Interventions targeting women at risk of drinking alcohol during pregnancy within the FAR SEAS pilot project.”** *Katarzyna Okulicz-Kozaryn*
12. **“Transformation: Integrating SBIRT Practice within US Accredited Addiction Medicine MD Fellowship Program.”** *Laura J. Veach*
13. **“Implementation of systematic screening, brief intervention, and management of Alcohol Use Disorders: An adaptation of the SPARC**

- Trial Intervention for small primary care clinics.” Leah K. Hamilton**
14. **“Gaps between teaching and implementing BI in public services in Brazil.” Ana Regina Noto**
  15. **“Early detection and brief intervention for sexual health in addiction settings.” Marianne Hochet**
  16. **“Worldwide distribution of studies on brief intervention for alcohol and its relationship with countries’ alcohol dependence rates.” Micaella Leandro Silva, Wellington Francisco Rodrigues**
  17. **“Comfort and Beliefs Around SBIRT and Sexual Risk Screening Among U.S. Trauma Surgery Providers.” Michael S. Argenyi**
  18. **“Lack of demographic differences in effectiveness of self-administered screening and follow-up treatment for mental health and substance use in HIV primary care.” Michael Silverberg**
  19. **“Using Participatory Design to adapt and adjust the 15-method: A Novel Innovation for Treating Alcohol Overuse in General Practice, to the Danish culture and context of General Practice.” Peter Schøler**
  20. **“Project Lifeline Pilot: Implementing SBIRT in Rural Community Pharmacies to Address Opioid Overdoses and Substance Use Disorder.” Renee M. Cloutier**
  21. **“Evaluating training in alcohol screening and brief intervention through participants’ lenses.” Tadeja Hočevar**
  22. **“Prevalence and Pattern of Alcohol use and Associated level of Risk Among Patients Attending Primary Health Care Centres in Calabar, Nigeria.” Uchechi C. Onukogu**
  23. **“Getting fit for change, to Exercise as treatment for alcohol use disorder.” Victoria Gunillasdotter**



# PRECONFERENCE DIGITAL INTERVENTION SIG EVENT

## Details and Schedule

- **Date:** *Wednesday 21<sup>st</sup> September 1500 -1830*
- **Location:** *School of Health in Social Science Doorway 6 Room 4.1. University of Edinburgh*
- **Registration** (*free, only open for those already registered in INEBRIA Conference*):

### **Welcome and Introduction to Roadmap Digital Interventions SIG INEBRIA (15.00-15.20h)**

*Heleen Riper (in remote). Chair of SIG eINEBRIA. VU University Amsterdam*

**Showcase 1:** Investigate how brief digital interventions should be integrated and can enhance different forms of blended or face-to-face treatments for alcohol and drug use disorders: a few examples of digital and blended interventions from the Jellinek treatment centre in Amsterdam (15.20-15.30)

*Matthijs Blankers (in remote). Trimbos Instituut*

**Showcase 2:** Investigate how brief digital interventions should be integrated and can enhance different forms of blended or face-to-face treatments for alcohol and drug use disorders (15.30-15.40)

*Christopher Sundström (in remote). Stockholm University*

### **Discussion 1 (15.40-16.00)**

*All attendees*

**Showcase 3:** Foster the development of culturally generalizable interventions for newly industrialized countries (16.00-16.10)

*Abhishek Ghosh. Postgraduate Institute of Medical Education and Research (PGIMER) Chandigarh*

**Showcase 4:** Foster the development of culturally generalizable interventions for newly industrialized countries (16.10-16.20)

*Michael Schaub (in remote). Swiss Research Institute for Public Health and Addiction ISGF*

**Discussion 2 (16.20-16.40)**

*All attendees*

**Coffee Break (1640-1700)**

**Showcase 5:** Develop and investigate just-in-time adaptive brief digital interventions (17.00-17.10)

*Heleen Riper (in remote). VU University Amsterdam*

**Discussion 3 (17.10-17.30)**

*All attendees*

**Showcase 6:** Further develop the taxonomy for describing brief digital interventions in a standardized way (17.30-17.40)

*Anne H Berman. Uppsala University/Karolinska Institutet*

**Showcase 6:** Develop an evidence base of effective implementation strategies (17.40-17.50)

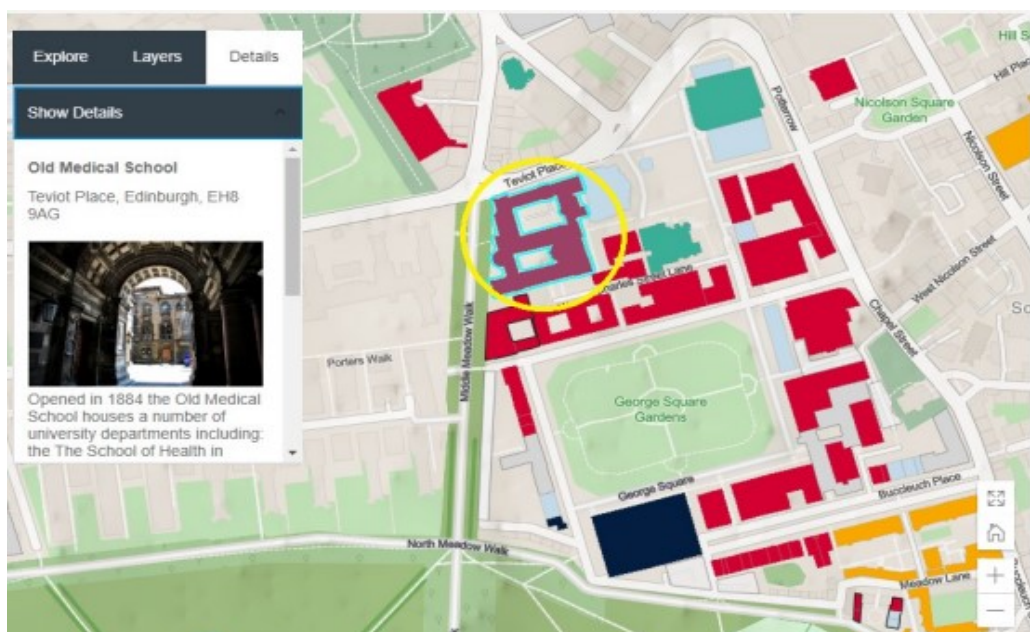
*Leo Pas. Catholic University Leuven.*

**Discussion 4 (17.50-18.10)**

*All attendees*

**Wrap-up and conclusions (18.10-18.30)**

*Antoni Gual. Chair of SIG eINEBRIA. Vice-president INEBRIA. Institut d'Investigacions Biomèdiques August Pi i Sunyer.*



# PRE-CONFERENCE EVENING WELCOME EVENT AND RECEPTION



## SHAAP-hosted eve-of-conference event, in advance of INEBRIA 2022



Entrance, New Library and Great Hall at the Royal College of Physicians of Edinburgh, where attendees will be welcomed and hosted at this event.

### Details and schedule

- Wednesday 21 September 2022, 6.30-9pm
- Venue: Royal College of Physicians of Edinburgh, 9 Queen Street, EH2 1JQ

**6.30-7pm:** Arrival and refreshments (canapés, hot and soft drinks)

**7-8.15pm:** Welcome video from First Minister Nicola Sturgeon, followed by 'question time'. This will be led by the Chair, who will invite questions from the audience of guests to be answered by panellists

**8.15-9pm:** Networking and hot and soft drinks

## **Panellists and guests**

*Chair: Kezia Dugdale.* Kezia is Director of the John Smith Centre for Public Service and Professor of Practice at the University of Glasgow. She is a former Leader of the Scottish Labour Party.

*Alastair MacGilchrist, SHAAP Chair.* Alastair was a Consultant Hepatologist at the Royal Infirmary of Edinburgh 1992-2021, was appointed to help establish and run the Scottish Liver Transplant Unit, and is a former president of the Scottish Society of Gastroenterology, hepatology advisor to Scottish Government, and non-executive director of UK Transplant.

*Justina Murray, CEO of Scottish Families Affected by Alcohol and Drugs (SFAD).* SFAD is a national charity that supports **anyone** concerned about someone else's alcohol or drug use in Scotland. They give information and advice and help with confidence, communication, general wellbeing, and link people into local support.

*Jardine Simpson, CEO of Scottish Recovery Consortium (SRC).* SRC supports, represents and connects recovery across Scotland by working with recovery in all its forms – from grassroots to government, from individuals to international organisations. They develop and provide a variety of offerings including events, training, representation and community development.

*Maree Todd MSP, Minister for Public Health, Women's Health and Sport.* Before becoming an MSP for Highlands and Islands, and now for Caithness, Sutherland and Ross, Maree Todd worked as a pharmacist in NHS Highland.

*Guests* are stakeholders with an interest in alcohol research and policy, from Scottish Government and Parliament, Scottish universities, advocacy organisations, and more.

## INEBRIA 2022 AWARDS DINNER

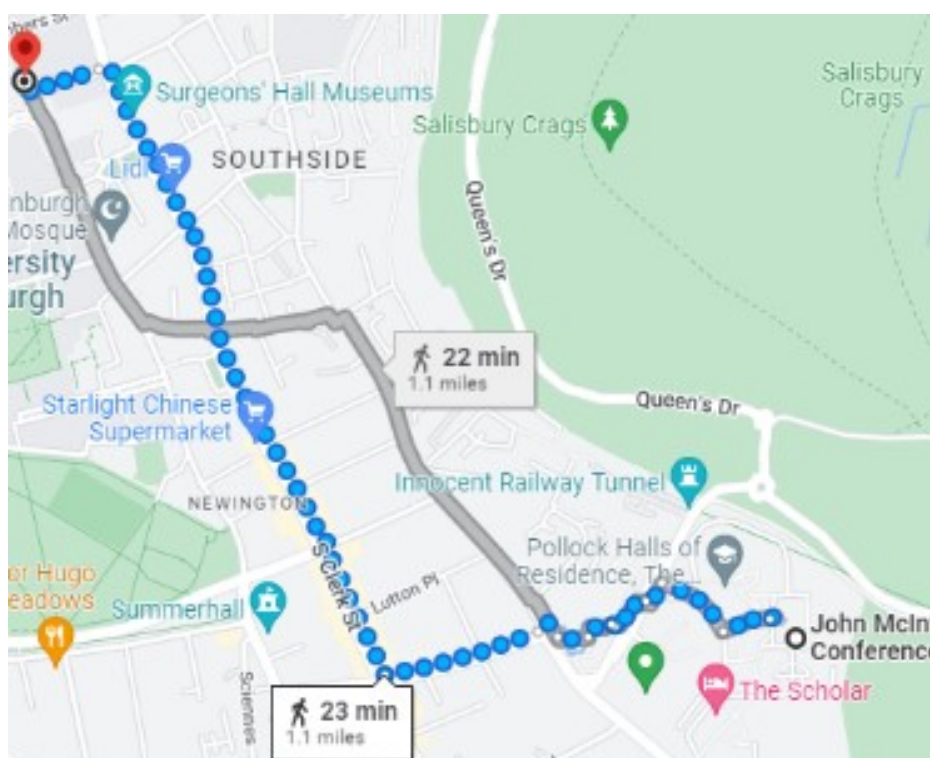
The Conference Awards Dinner will take place in the iconic Playfair Library Hall, featuring William Playfair's signature architectural masterpiece on the southern side of The University of Edinburgh's Old College. The Library Hall has a barrel-vaulted ceiling and runs to more than 190 feet in length. The Playfair Library was used as a working library from the 1820s until the 1960s when the University's main collection was moved to George Square.



The Playfair Library Hall is located a short ten-minute taxi-journey from the John McIntyre Conference Centre, or a twenty-minute walk.

**Dress code: Cocktail/ Smart Dress**

**Thursday 22<sup>nd</sup> September 2022, 1900-2300**



*Please Note: Attendance includes one drink on arrival. The Playfair Library Hall operates a cashless bar and so please remember to bring debit/credit cards.*

## **Conference Dinner Menu**

Sourdough bread & Edinburgh butter (v)  
Beetroot cured salmon, dill cucumber, quail's egg, mustard dressing  
~  
Roast corn fed chicken, pressed terrine, chanterelle mushrooms & summer  
vegetable ragout with tarragon  
~  
Vanilla panna cotta, strawberries and mint (v)  
~  
Fairtrade tea & coffee & tablet (v)



**Playfair Library Hall  
Old College South  
The University of  
Edinburgh  
South Bridge  
Edinburgh  
EH8 9YL**

# RICHARD SAITZ OUTSTANDING MENTORSHIP AWARD

Richard Saitz, Stoneham High, Class of 1981, MD 87, MPH 87, Professor of Medicine /General Internal Medicine, School of Medicine, and Professor/Chair of Community Health Sciences, School of Public Health at Boston University (BU) and Attending physician (addiction and internal medicine specialist) at Boston Medical Center, passed away early morning on January 15 from pancreatic cancer. He was 58 years old.

This year, INEBRIA is instituting a new annual award in honour of our dear colleague Rich Saitz. The 'Richard Saitz Outstanding Mentorship Award' will be given to one individual each year at our annual conference. The award seeks to recognize 'mentorship that moves the field' by supporting developing scholars in advancing the science and ensuring that brief interventions and related research is rigorous and relevant.

The presentation of the Richard Saitz Outstanding Mentorship Award will take place during the INEBRIA Edinburgh 2022 Conference on Thursday 22<sup>nd</sup> September, 1545-1645 in the Pentland East Theatre. The award will be presented to the winning delegate during our INEBRIA 2022 Award Dinner.



## BEST ABSTRACT AWARD

Using pay-for-performance as a strategy to improve the consistency and quality of implementing a motivational interviewing-based brief intervention for people with HIV and substance use disorders. *Derek Satre*

**Background:** As part of a dual-randomized type 2 implementation-effectiveness hybrid trial, which included 39 HIV service organizations (HSOs) across the U.S., 78 HSO staff, and 824 client participants with HIV and a substance use disorder (SUD), a motivational interviewing-based brief intervention (MIBI) was found to be effective. Importantly, the MIBI was only effective when implemented within the context of HSOs receiving the Implementation and Sustainment Facilitation (ISF) strategy (i.e., monthly 30-60 minute team-focused facilitation meetings via Zoom) as an adjunct to the multifaceted control strategy (i.e., staff-focused training, feedback, and consultation regarding the MIBI), referred to as TFC. This presentation highlights results from the subsequent Substance Abuse Treatment to HIV Care II (SAT2HIV-II Project), a cluster-randomized type 3 implementation-effectiveness hybrid trial testing the effectiveness of pay-for-performance (P4P; TFC+ISF+P4P) to improve MIBI implementation beyond the TFC+ISF strategy.

**Materials and methods:** As part of the SAT2HIV-II Project (NCT04687917) approved by the Advarra IRB, 25 HSOs as well as participating staff and clients, were cluster randomized to either the control strategy (TFC+ISF) or the experimental strategy (TFC+ISF+P4P). MIBI staff working at HSOs randomized to the experimental strategy had the opportunity to receive \$10 USD per MIBI implemented, as well as \$10 USD per MIBI implemented at or above the 80th percentile level of fidelity. Guided by the Theory of Implementation Effectiveness, the primary implementation outcome measure was implementation effectiveness (i.e., the consistency and quality of MIBI implementation), a staff-level measure representing the standardized sum of the total number of MIBIs implemented and the total quality/fidelity scores.

**Results:** The P4P strategy had a medium-sized effect ( $d = .47$ ) that significantly ( $p = .001$ ) improved staff-level implementation effectiveness during the project's implementation phase.



**Conclusions:** Consistent with prior research, the current research supports P4P as a highly-promising strategy to improve the implementation of brief motivational interventions

# MAP OF JMCC

